

# PSYCHOLOGY

## Program Description

Psychology stands at the intersection of the biological sciences and the humanities because of its study of mental processes, emotions, and individual and group behaviors. Using the scientific method, psychology investigates many aspects of human behavior, including, but not limited to, how the brain and nervous system function, mental illness, therapies that help people manage mental illness and recover from trauma, social and emotional development over the lifespan, learning and memory, and social and group dynamics.

Psychology covers the total lifespan to learn more about how people function in family, work, and community settings. Psychologists conduct studies to investigate differences in development, research what can go wrong in development, and research and develop methods that help people to resolve conflict, thrive, and live healthy lives. It is a dynamic field in which advanced research methods lead to new understandings of human behavior, which can be applied in practical situations in the lives of individuals.

Learn more about the program on the [Psychology website](#).

## Associate Degree for Transfer

This program also offers an Associate Degree for Transfer. Learn more and review the degree requirements on the [Psychology AA-T listing](#).

## Program Learning Outcomes

- Students will be able to recognize the diversity of behavior of various populations and be able to explain, interpret, apply, and evaluate a broad base of concepts in the different fields of psychology.
- Students will be able to apply critical thinking skills and psychological theories to real-world situations, and to be able to apply research methodology and data analysis in the process of answering questions about human behavior.

## Career Opportunities

Psychology graduates find positions in a wide range of programs such as those dealing with a variety of aspects in communication and human behavior. Typical positions include personnel managers, industrial psychologists, psychiatric aides, probation officers, mental health workers, drug abuse counselors, employment counselors, and space program researchers. Advanced degrees enlarge opportunities for basic research, licensing as clinical psychologists or marriage and family counselors and as college and university instructors. Psychologists also work as consultants in government and industry, as well as in human resources, training, marketing and business management.

## Award Type(s)

- AA = Associate in Arts Degree

## Units Required

- Major: 35

## Additional Information

**Note:** Students having difficulty attaining an associate degree because of timing or availability of classes should consult with a counselor to submit a petition for course substitution.

## Associate Degree Requirements

Code	Title	Units
<b>English Proficiency</b>		
Select one of the following:		
ENGL 1A	COMPOSITION & READING	5
ENGL 1AH	HONORS COMPOSITION & READING	5
ENGL 1S & ENGL 1T	INTEGRATED COMPOSITION & READING and INTEGRATED COMPOSITION & READING	8
ESLL 26	ADVANCED COMPOSITION & READING	5
or equivalent		
<b>Mathematics Proficiency</b>		
College-level math course at or above the level of Intermediate Algebra		

A minimum of 90 units is required<sup>1</sup> to include:

- Completion of one of the following general education patterns: Foothill General Education, CSU General Education Breadth Requirements or the Intersegmental General Education Transfer Curriculum (IGETC)
- Core courses (15 units)
- Support courses (20 units)

<sup>1</sup> Additional elective course work may be necessary to meet the 90-unit minimum requirement for the associate degree.

**Note:** All courses pertaining to the major must be taken for a letter grade. In addition, a grade of "C" or better is required for all core and support courses used for the degree.

## Core and Support Courses

Code	Title	Units
<b>Core Courses</b>		
PSYC 1 or PSYC 1H	GENERAL PSYCHOLOGY HONORS GENERAL PSYCHOLOGY	5
PSYC 7 or SOC 7 or MATH 10	STATISTICS FOR THE BEHAVIORAL SCIENCES STATISTICS FOR THE BEHAVIORAL SCIENCES ELEMENTARY STATISTICS	5
PSYC 10 or SOC 10	RESEARCH METHODS & DESIGNS RESEARCH METHODS & DESIGNS	5
<b>Support Courses</b>		
Select 12 units from the following:		12
PSYC 2	CULTURAL PSYCHOLOGY	
PSYC 4	INTRODUCTION TO BIOPSYCHOLOGY	
PSYC 9	POSITIVE PSYCHOLOGY	
PSYC 14	CHILD & ADOLESCENT DEVELOPMENT	
PSYC 21 or WMN 21	PSYCHOLOGY OF WOMEN: SEX & GENDER DIFFERENCES PSYCHOLOGY OF WOMEN: SEX & GENDER DIFFERENCES	
PSYC 22	PSYCHOLOGY OF PREJUDICE & DISCRIMINATION	

PSYC 25	INTRODUCTION TO ABNORMAL PSYCHOLOGY	
PSYC 30	SOCIAL PSYCHOLOGY	
or SOC 30	SOCIAL PSYCHOLOGY	
PSYC 33	INTRODUCTION TO PERSONALITY PSYCHOLOGY	
PSYC 39	PSYCHOLOGY OF SPORTS	
PSYC 40	HUMAN DEVELOPMENT	
PSYC 49	HUMAN SEXUALITY	
And eight units from the following: <sup>1</sup>		8
PSYC 51	APPLIED RESEARCH EXPERIENCE	
PSYC 54H	HONORS INSTITUTE SEMINAR IN PSYCHOLOGY	
PSYC 70R	INDEPENDENT STUDY IN PSYCHOLOGY	
PSYC 71R	INDEPENDENT STUDY IN PSYCHOLOGY	
PSYC 72R	INDEPENDENT STUDY IN PSYCHOLOGY	
PSYC 73R	INDEPENDENT STUDY IN PSYCHOLOGY	
ANTH 2A	CULTURAL ANTHROPOLOGY	
or ANTH 2AH	HONORS CULTURAL ANTHROPOLOGY	
ANTH 4	FIRST PEOPLES OF NORTH AMERICA	
ANTH 6	PERSPECTIVES FROM AFRICA	
ANTH 22	THE AZTEC, MAYA, INCA & THEIR PREDECESSORS: CIVILIZATIONS OF THE AMERICAS	
BIOL 14	HUMAN BIOLOGY	
ETHN 1	INTRODUCTION TO ETHNIC STUDIES	
HUMN 4	TRAUMA & THE ARTS	
or HUMN 4H	HONORS TRAUMA & THE ARTS	
HUMN 8	EX MACHINA: THE PARADOX OF BEING HUMAN IN THE DIGITAL AGE	
PHOT 8	PHOTOGRAPHY OF AMERICAN CULTURES	
or PHOT 8H	HONORS PHOTOGRAPHY OF AMERICAN CULTURES	
SOC 1	INTRODUCTION TO SOCIOLOGY	
or SOC 1H	HONORS INTRODUCTION TO SOCIOLOGY	
SOC 23	RACE & ETHNIC RELATIONS	
SOC 28	SOCIOLOGY OF GENDER	
SOC 40	ASPECTS OF MARRIAGE & FAMILY	
<b>Total Units</b>		<b>35</b>

<sup>1</sup> Students may also use courses listed in the first section of support courses to fulfill the requirement for the second section of support courses.