

# FOOTHILL COLLEGE GENERAL EDUCATION & GRADUATION REQUIREMENTS

The Foothill College general education (GE) pattern is designed to ensure that students meet the four institutional/general education student learning outcomes:

- Communication:** Demonstrate analytical reading and writing skills, including evaluation, synthesis and research; deliver focused and coherent presentations; and demonstrate active, discerning listening and speaking skills in lectures and discussions.
- Computation:** Demonstrate complex problem-solving skills, technology skills, computer proficiency and decision analysis through synthesis and evaluation; apply mathematical concepts and reasoning; and analyze and use numerical data.
- Creative, Critical & Analytical Thinking:** Demonstrate judgment, decision-making skills and intellectual curiosity; demonstrate problem-solving skills through analysis, synthesis and evaluation; develop creativity and aesthetic awareness; conduct research methodology; and identify and respond to a variety of learning styles and strategies.
- Community/Global Consciousness & Responsibility:** Demonstrate social perceptiveness, including citizenship, community service, cultural awareness, empathy, ethics, interpersonal skills, personal integrity, respect, self-esteem and sensitivity; and exhibit interest in and pursuit of lifelong learning.

Completion of the Foothill College general education pattern requires that students successfully earn a minimum of 30 units from the courses listed below, with at least one course in humanities, English, natural sciences (with laboratory), social and behavioral sciences, communication and analytical thinking, United States cultures and communities, and two courses in lifelong learning from two different academic departments. Courses may only be used in one area.

Code	Title	Units
<b>I. Humanities</b>		
ART 1	INTRODUCTION TO ART	4.5
ART 2A	HISTORY OF ART: HISTORY OF WESTERN ART FROM PREHISTORY THROUGH EARLY CHRISTIANITY	4.5
or ART 2AH	HONORS HISTORY OF ART: HISTORY OF WESTERN ART FROM PREHISTORY THROUGH EARLY CHRISTIANITY	
ART 2B	HISTORY OF WESTERN ART FROM THE MIDDLE AGES TO THE RENAISSANCE	4.5
or ART 2BH	HONORS HISTORY OF WESTERN ART FROM THE MIDDLE AGES TO THE RENAISSANCE	
ART 2C	HISTORY OF WESTERN ART FROM THE BAROQUE TO CONTEMPORARY	4.5
ART 2D	AFRICAN, OCEANIC & NATIVE AMERICAN ART	4.5
ART 2E	A HISTORY OF WOMEN IN ART	4.5
ART 2F	INTRODUCTION TO ASIAN ART	4.5
ART 2J	AMERICAN ART	4.5
ART 4A	FUNDAMENTALS IN DRAWING	4

ART 4G	MURAL MAKING: COMMUNITY ART PROJECT	4
ART 5A	2-D FOUNDATIONS	4
ART 5B	3-D FOUNDATIONS	4
ART 20	COLOR THEORY	4
ART 45B	BEGINNING CERAMICS POTTER'S WHEEL	4
BUSI 70	BUSINESS & PROFESSIONAL ETHICS	4
CRWR 6	INTRODUCTION TO CREATIVE WRITING	5
CRWR 25A	POETRY IN COMMUNITY	5
CRWR 39A	INTRODUCTION TO SHORT FICTION WRITING	5
CRWR 41A	POETRY WRITING	5
DANC 10	TOPICS IN DANCE HISTORY	5
ENGL 5	LOUD & QUEER: LITERATURE OF SEXUAL/GENDER IDENTITY	4
ENGL 7	NATIVE AMERICAN LITERATURE	4
ENGL 10A	LITERATURE & THE ENVIRONMENT	4
ENGL 12	AFRICAN AMERICAN LITERATURE	4
ENGL 12A	ALL POWER TO THE PEOPLE: LITERATURE OF THE BLACK PANTHER PARTY	4
ENGL 14	TRAVELING THE WORLD THROUGH CONTEMPORARY LITERATURE	4
ENGL 16	INTRODUCTION TO LITERATURE	4
ENGL 17	INTRODUCTION TO SHAKESPEARE	4
ENGL 22	WOMEN WRITERS	4
ENGL 24	UNMASKING COMICS: THE DAWN OF THE GRAPHIC NOVEL	4
ENGL 27G	DETECTIVE & MYSTERY FICTION	4
ENGL 31	LATINO/A LITERATURE	4
ENGL 34C	LITERATURE INTO FILM	4
ENGL 37	SCIENCE FICTION LITERATURE: REIMAGINEERING REALITY	4
ENGL 38	LITERATURE OF PROTEST	4
ENGL 40	ASIAN AMERICAN LITERATURE	4
ENGL 43A	SURVEY OF BRITISH LITERATURE I: BEOWULF TO THE LATE 18TH CENTURY	5
or ENGL 43AH	HONORS SURVEY OF BRITISH LITERATURE I: BEOWULF TO THE LATE 18TH CENTURY	
ENGL 43B	SURVEY OF BRITISH LITERATURE II: THE ROMANTIC PERIOD TO THE PRESENT	5
or ENGL 43BH	HONORS SURVEY OF BRITISH LITERATURE II: THE ROMANTIC PERIOD TO THE PRESENT	
ENGL 45A	SURVEY OF AMERICAN LITERATURE I: BEGINNINGS TO 1865	5
or ENGL 45AH	HONORS SURVEY OF AMERICAN LITERATURE I: BEGINNINGS TO 1865	
ENGL 45B	SURVEY OF AMERICAN LITERATURE II: 1865 TO THE PRESENT	5
or ENGL 45BH	HONORS SURVEY OF AMERICAN LITERATURE II: 1865 TO THE PRESENT	
ENGL 49	CALIFORNIA LITERATURE: GOLDEN STATE CULTURES, GEOGRAPHIES & HISTORIES	4
ETHN 1	INTRODUCTION TO ETHNIC STUDIES	4
ETHN 2	INTRODUCTION TO AFRICAN AMERICAN STUDIES	4
ETHN 3	INTRODUCTION TO LATINX STUDIES	4
ETHN 4	INTRODUCTION TO NATIVE AMERICAN STUDIES	4

ETHN 5	INTRODUCTION TO ASIAN AMERICAN STUDIES	4	or MUS 2BH	HONORS GREAT COMPOSERS & MUSIC MASTERPIECES	
ETHN 7	INTRODUCTION TO PACIFIC ISLANDS & OCEANIA STUDIES	4	MUS 2C	GREAT COMPOSERS & MUSIC MASTERPIECES	5
GID 1	HISTORY OF GRAPHIC DESIGN	4	or MUS 2CH	HONORS GREAT COMPOSERS & MUSIC MASTERPIECES	
HUMN 1	CULTURES, CIVILIZATIONS & IDEAS: THE ANCIENT WORLD	4	MUS 2D	WORLD MUSIC: ROOTS TO CONTEMPORARY GLOBAL FUSION	5
or HUMN 1H	HONORS CULTURES, CIVILIZATIONS & IDEAS: THE ANCIENT WORLD		MUS 2F	HISTORY OF AMERICAN MUSICAL THEATRE	4
HUMN 2	CULTURES, CIVILIZATIONS & IDEAS: OF EMPIRES & CONFLICT	4	MUS 7F	MUSIC IN FILM	4
HUMN 3	WORLD MYTHS IN LITERATURE ARTS & FILM	4	MUS 8	MUSIC OF AMERICAN CULTURES	5
or HUMN 3H	HONORS WORLD MYTHS IN LITERATURE ARTS & FILM		or MUS 8H	HONORS MUSIC OF AMERICAN CULTURES	
HUMN 4	TRAUMA & THE ARTS	4	MUS 11D	HISTORY OF ELECTRONIC MUSIC: ORIGINS-1970	4
or HUMN 4H	HONORS TRAUMA & THE ARTS		MUS 11E	HISTORY OF ELECTRONIC MUSIC: 1970-PRESENT	4
HUMN 5	CULTURES, CIVILIZATIONS & IDEAS: THE MODERN WORLD	4	PHIL 2	INTRODUCTION TO SOCIAL & POLITICAL PHILOSOPHY	4
or HUMN 5H	HONORS CULTURES, CIVILIZATIONS & IDEAS: THE MODERN WORLD		PHIL 4	INTRODUCTION TO PHILOSOPHY	4
HUMN 6	THE SHOCK OF THE NEW: FROM THE MODERN TO THE CONTEMPORARY	4	PHIL 11	INTRODUCTION TO THE PHILOSOPHY OF ART & AESTHETICS	4
HUMN 7	GLOBAL RELIGIONS: CONTEMPORARY PRACTICES & PERSPECTIVES	4	PHIL 20A	HISTORY OF WESTERN PHILOSOPHY FROM SOCRATES THROUGH ST. THOMAS	4
or HUMN 7H	HONORS GLOBAL RELIGIONS: CONTEMPORARY PRACTICES & PERSPECTIVES		PHIL 20B	HISTORY OF WESTERN PHILOSOPHY FROM THE RENAISSANCE THROUGH KANT	4
HUMN 8	EX MACHINA: THE PARADOX OF BEING HUMAN IN THE DIGITAL AGE	4	PHIL 24	COMPARATIVE WORLD RELIGIONS: EAST	4
HUMN 9	ONCE UPON A TIME? THE IMMORTAL LURE OF FAIRY TALES	4	PHIL 25	COMPARATIVE WORLD RELIGIONS: WEST	4
HUMN 10	ON THE MOVE: THE IMMIGRANT EXPERIENCE IN LITERATURE, FILM & MULTIMEDIA	4	PHOT 5	INTRODUCTION TO PHOTOGRAPHY	4
HUMN 11	INTRODUCTION TO POPULAR CULTURE	4	PHOT 8	PHOTOGRAPHY OF AMERICAN CULTURES	5
or HUMN 11H	HONORS INTRODUCTION TO POPULAR CULTURE		or PHOT 8H	HONORS PHOTOGRAPHY OF AMERICAN CULTURES	
HUMN 13	VIDEO GAMES & POPULAR CULTURE	4	PHOT 10	HISTORY OF PHOTOGRAPHY	4
HUMN 14	THE ART OF PEACE: NARRATIVE REPRESENTATIONS OF PACIFISM	4	or PHOT 10H	HONORS HISTORY OF PHOTOGRAPHY	
JAPN 14A	ADVANCED CONVERSATION I	4	PHOT 11	CONTEMPORARY ISSUES IN PHOTOGRAPHY	4
JAPN 14B	ADVANCED CONVERSATION II	4	or PHOT 11H	HONORS CONTEMPORARY ISSUES IN PHOTOGRAPHY	
KINS 5	SPORTS & CINEMA	4	SPAN 4	INTERMEDIATE SPANISH I	5
MDIA 1	INTRODUCTION TO FILM STUDIES	4	SPAN 5	INTERMEDIATE SPANISH II	5
or MDIA 1H	HONORS INTRODUCTION TO FILM STUDIES		SPAN 6	INTERMEDIATE SPANISH III	5
MDIA 2A	HISTORY OF FILM 1895-1945	4	SPAN 13A	INTERMEDIATE CONVERSATION I	4
MDIA 2B	HISTORY OF FILM 1945-CURRENT	4	SPAN 13B	INTERMEDIATE CONVERSATION II	4
MDIA 2C	CURRENT TRENDS IN FILM, TV & THE INTERNET	4	SPAN 14A	ADVANCED CONVERSATION I	4
MDIA 4	EXPERIMENTAL FILM & VIDEO	4	SPAN 14B	ADVANCED CONVERSATION II	4
MDIA 7	DOCUMENTARY FILM	4	THTR 1	INTRODUCTION TO THEATRE	4
MDIA 11	INTRODUCTION TO POPULAR CULTURE	4	THTR 2A	HISTORY OF DRAMATIC LITERATURE: CLASSICAL TO MOLIERE	4
or MDIA 11H	HONORS INTRODUCTION TO POPULAR CULTURE		THTR 2F	HISTORY OF AMERICAN MUSICAL THEATRE	4
MDIA 13	VIDEO GAMES & POPULAR CULTURE	4	THTR 8	MULTICULTURAL THEATRE ARTS IN MODERN AMERICA	4
MUS 1	INTRODUCTION TO MUSIC	4	THTR 26	INTRODUCTION TO FASHION HISTORY & COSTUME DESIGN	4
MUS 2A	GREAT COMPOSERS & MUSIC MASTERPIECES	5	<b>II. English</b>		
or MUS 2AH	HONORS GREAT COMPOSERS & MUSIC MASTERPIECES		ENGL 1A	COMPOSITION & READING	5
MUS 2B	GREAT COMPOSERS & MUSIC MASTERPIECES	5	or ENGL 1AH	HONORS COMPOSITION & READING	
			ESLL 26	ADVANCED COMPOSITION & READING	5

Additionally, students who complete the major requirements for the Apprenticeship - Plumbing Technology program will satisfy Area II.

**III. Natural Sciences (with Laboratory)**

ANTH 1 & 1L or ANTH 1H & 1HL	INTRODUCTION TO PHYSICAL ANTHROPOLOGY and PHYSICAL ANTHROPOLOGY LABORATORY HONORS INTRODUCTION TO PHYSICAL ANTHROPOLOGY and HONORS PHYSICAL ANTHROPOLOGY LABORATORY	5	CHLD 2	CHILD GROWTH & DEVELOPMENT II: MIDDLE CHILDHOOD THROUGH ADOLESCENCE	4
ANTH 13 & 13L	INTRODUCTION TO FORENSIC ANTHROPOLOGY and FORENSIC ANTHROPOLOGY LABORATORY	5	CNSL 3 or CNSL 3H	IDENTITY, CULTURE & EDUCATION HONORS IDENTITY, CULTURE & EDUCATION	4.5
ASTR 10A & ASTR 10L	GENERAL ASTRONOMY: SOLAR SYSTEM and ASTRONOMY LABORATORY	6	ECON 1A	PRINCIPLES OF MACROECONOMICS	5
ASTR 10B & ASTR 10L or ASTR 10BH & ASTR 10L	GENERAL ASTRONOMY: STARS, GALAXIES, COSMOLOGY and ASTRONOMY LABORATORY HONORS GENERAL ASTRONOMY: STARS, GALAXIES, COSMOLOGY and ASTRONOMY LABORATORY	6	ECON 1B	PRINCIPLES OF MICROECONOMICS	5
BIOL 9 & 9L	ENVIRONMENTAL BIOLOGY and ENVIRONMENTAL BIOLOGY LABORATORY	5	ECON 9 or ECON 9H	POLITICAL ECONOMY HONORS POLITICAL ECONOMY	4
BIOL 10	GENERAL BIOLOGY: BASIC PRINCIPLES	5	ECON 25	THE GLOBAL ECONOMY	4
BIOL 13	MARINE BIOLOGY	5	GEOG 2	HUMAN GEOGRAPHY	4
BIOL 14	HUMAN BIOLOGY	5	GEOG 5	INTRODUCTION TO ECONOMIC GEOGRAPHY	4
BIOL 15	CALIFORNIA ECOLOGY/NATURAL HISTORY	5	GEOG 10	WORLD REGIONAL GEOGRAPHY	4
BIOL 41	MICROBIOLOGY	6	HIST 3A	WORLD HISTORY FROM PREHISTORY TO 750 CE	4
CHEM 1A	GENERAL CHEMISTRY	5	HIST 3B	WORLD HISTORY FROM 750 CE TO 1750 CE	4
CHEM 25	FUNDAMENTALS OF CHEMISTRY	5	HIST 3C	WORLD HISTORY FROM 1750 CE TO THE PRESENT	4
CHEM 30A	SURVEY OF INORGANIC & ORGANIC CHEMISTRY	5	HIST 4A	HISTORY OF WESTERN CIVILIZATION TO 800 CE	4
GEOG 1	PHYSICAL GEOGRAPHY	5	HIST 4B	HISTORY OF WESTERN CIVILIZATION: 700-1800	4
HORT 15	ORIENTATION TO ENVIRONMENTAL HORTICULTURE	4	HIST 4C	HISTORY OF WESTERN CIVILIZATION 1789- PRESENT	4
PHYS 2A	GENERAL PHYSICS	5	HIST 8	HISTORY OF LATIN AMERICA	4
PHYS 4A	GENERAL PHYSICS (CALCULUS)	6	HIST 10	HISTORY OF CALIFORNIA: THE MULTICULTURAL STATE	4
PSE 20	INTRODUCTION TO PHYSICAL SCIENCE	5	HIST 17A	HISTORY OF THE UNITED STATES TO 1815	4
Additionally, students who complete the major requirements for the Apprenticeship - Plumbing Technology program will satisfy Area III.			HIST 17B	HISTORY OF THE UNITED STATES FROM 1812 TO 1914	4
<b>IV. Social and Behavioral Sciences</b>			HIST 17C	HISTORY OF THE UNITED STATES FROM 1914 TO THE PRESENT	4
ANTH 2A or ANTH 2AH	CULTURAL ANTHROPOLOGY HONORS CULTURAL ANTHROPOLOGY	4	HIST 18	INTRODUCTION TO MIDDLE EASTERN CIVILIZATION	4
ANTH 2B	PATTERNS OF CULTURE	4	HIST 20	HISTORY OF RUSSIA & THE SOVIET UNION	4
ANTH 3	WORLD PREHISTORY: THE RISE & FALL OF EARLY CIVILIZATIONS	4	KINS 2	SPORT IN SOCIETY	5
ANTH 5	MAGIC, SCIENCE & RELIGION	4	KINS 10	WOMEN IN SPORTS	5
ANTH 8 or ANTH 8H	INTRODUCTION TO ARCHAEOLOGY HONORS INTRODUCTION TO ARCHAEOLOGY	4	KINS 51	PERFORMANCE ENHANCING SUBSTANCES IN SPORT & EXERCISE	4
ANTH 12	APPLIED ANTHROPOLOGY	4	POLI 1	POLITICAL SCIENCE: INTRODUCTION TO AMERICAN GOVERNMENT & POLITICS	5
ANTH 14	LINGUISTIC ANTHROPOLOGY	4	POLI 3 or POLI 3H	INTRODUCTION TO POLITICAL PHILOSOPHY/ POLITICAL THEORY HONORS INTRODUCTION TO POLITICAL PHILOSOPHY/POLITICAL THEORY	5
ANTH 15	MEDICAL ANTHROPOLOGY: METHODS & PRACTICE	4	POLI 4	CALIFORNIA POLITICS & GOVERNMENT	5
ANTH 20	NATIVE PEOPLES OF CALIFORNIA	4	POLI 9 or POLI 9H	POLITICAL ECONOMY HONORS POLITICAL ECONOMY	4
ANTH 22	THE AZTEC, MAYA, INCA & THEIR PREDECESSORS: CIVILIZATIONS OF THE AMERICAS	4	POLI 15 or POLI 15H	INTERNATIONAL RELATIONS/WORLD POLITICS HONORS INTERNATIONAL RELATIONS/WORLD POLITICS	4
BUSI 22 or BUSI 22H	PRINCIPLES OF BUSINESS HONORS PRINCIPLES OF BUSINESS	5	PSYC 1 or PSYC 1H	GENERAL PSYCHOLOGY HONORS GENERAL PSYCHOLOGY	5
CHLD 1	CHILD GROWTH & DEVELOPMENT: PRENATAL THROUGH EARLY CHILDHOOD	4	PSYC 2	CULTURAL PSYCHOLOGY	4
			PSYC 4	INTRODUCTION TO BIOPSYCHOLOGY	5
			PSYC 9	POSITIVE PSYCHOLOGY	4
			PSYC 10	RESEARCH METHODS & DESIGNS	5
			PSYC 14	CHILD & ADOLESCENT DEVELOPMENT	4

PSYC 21	PSYCHOLOGY OF WOMEN: SEX & GENDER DIFFERENCES	4
PSYC 22	PSYCHOLOGY OF PREJUDICE & DISCRIMINATION	4
PSYC 25	INTRODUCTION TO ABNORMAL PSYCHOLOGY	4
PSYC 30	SOCIAL PSYCHOLOGY	4
PSYC 33	INTRODUCTION TO PERSONALITY PSYCHOLOGY	4
PSYC 40	HUMAN DEVELOPMENT	5
PSYC 49	HUMAN SEXUALITY	4
SOC 1	INTRODUCTION TO SOCIOLOGY	5
or SOC 1H	HONORS INTRODUCTION TO SOCIOLOGY	
SOC 10	SOCIAL RESEARCH METHODS & DESIGNS	5
SOC 11	INTRODUCTION TO SOCIAL WELFARE	5
SOC 15	LAW & SOCIETY	4
SOC 19	ALCOHOL & DRUG ABUSE	4
SOC 20	MAJOR SOCIAL PROBLEMS	4
SOC 23	RACE & ETHNIC RELATIONS	4
SOC 28	SOCIOLOGY OF GENDER	4
SOC 30	SOCIAL PSYCHOLOGY	4
SOC 40	ASPECTS OF MARRIAGE & FAMILY	4
SOC 45	SOCIOLOGY OF SEXUALITY	4
WMN 5	INTRODUCTION TO WOMEN'S STUDIES	4
WMN 21	PSYCHOLOGY OF WOMEN: SEX & GENDER DIFFERENCES	4

Additionally, students who complete the major requirements for the Apprenticeship - Plumbing Technology program will satisfy Area IV.

#### V. Communication and Analytical Thinking

COMM 1A	PUBLIC SPEAKING	5
or COMM 1AH	HONORS PUBLIC SPEAKING	
COMM 1B	ARGUMENTATION & PERSUASION	5
COMM 2	INTERPERSONAL COMMUNICATION	5
COMM 3	INTRODUCTION TO COMMUNICATION STUDIES	5
COMM 4	GROUP DISCUSSION	5
COMM 55	CAREER & LEADERSHIP COMMUNICATION IN THE GLOBAL WORKPLACE	5
C S 1A	OBJECT-ORIENTED PROGRAMMING METHODOLOGIES IN JAVA	4.5
C S 1B	INTERMEDIATE SOFTWARE DESIGN IN JAVA	4.5
C S 1C	ADVANCED DATA STRUCTURES & ALGORITHMS IN JAVA	4.5
C S 2A	OBJECT-ORIENTED PROGRAMMING METHODOLOGIES IN C++	4.5
C S 2B	INTERMEDIATE SOFTWARE DESIGN IN C++	4.5
C S 2C	ADVANCED DATA STRUCTURES & ALGORITHMS IN C++	4.5
C S 3A	OBJECT-ORIENTED PROGRAMMING METHODOLOGIES IN PYTHON	4.5
C S 18	DISCRETE MATHEMATICS	5
ENGL 1B	COMPOSITION, CRITICAL READING & THINKING THROUGH LITERATURE	5
or ENGL 1BH	HONORS COMPOSITION, CRITICAL READING & THINKING THROUGH LITERATURE	
ENGL 50C	TECHNICAL WRITING	5
GEOG 11	INTRODUCTION TO MAPPING & SPATIAL REASONING	4

GIST 11	INTRODUCTION TO MAPPING & SPATIAL REASONING	4
MATH 1A	CALCULUS	5
or MATH 1AH	HONORS CALCULUS I	
MATH 1B	CALCULUS	5
or MATH 1BH	HONORS CALCULUS II	
MATH 1C	CALCULUS	5
MATH 10	ELEMENTARY STATISTICS	5
MATH 12	CALCULUS FOR BUSINESS & ECONOMICS	5
MATH 17	INTEGRATED STATISTICS II	5
MATH 22	DISCRETE MATHEMATICS	5
MATH 40A	QUANTITATIVE REASONING	5
MATH 44	MATH FOR THE LIBERAL ARTS	5
MATH 48A	PRECALCULUS I	5
MATH 48B	PRECALCULUS II	5
MATH 48C	PRECALCULUS III	5
MDIA 3	INTRODUCTION TO FILM & MEDIA CRITICISM	4
PHIL 1	CRITICAL THINKING & WRITING	5
PHIL 7	INTRODUCTION TO SYMBOLIC LOGIC	5
PSYC 7	STATISTICS FOR THE BEHAVIORAL SCIENCES	5
SOC 7	STATISTICS FOR THE BEHAVIORAL SCIENCES	5

Additionally, students who complete the major requirements for the Apprenticeship - Plumbing Technology program will satisfy Area V.

#### VI. United States Cultures and Communities

CHLD 51A	AFFIRMING DIVERSITY IN EDUCATION	4
CNSL 3	IDENTITY, CULTURE & EDUCATION	4.5
or CNSL 3H	HONORS IDENTITY, CULTURE & EDUCATION	
COMM 10	GENDER, COMMUNICATION & CULTURE	5
COMM 12	INTERCULTURAL COMMUNICATION	5
ENGL 7	NATIVE AMERICAN LITERATURE	4
ENGL 12	AFRICAN AMERICAN LITERATURE	4
ENGL 12A	ALL POWER TO THE PEOPLE: LITERATURE OF THE BLACK PANTHER PARTY	4
ENGL 40	ASIAN AMERICAN LITERATURE	4
ENGL 45A	SURVEY OF AMERICAN LITERATURE I: BEGINNINGS TO 1865	5
or ENGL 45AH	HONORS SURVEY OF AMERICAN LITERATURE I: BEGINNINGS TO 1865	
ENGL 45B	SURVEY OF AMERICAN LITERATURE II: 1865 TO THE PRESENT	5
or ENGL 45BH	HONORS SURVEY OF AMERICAN LITERATURE II: 1865 TO THE PRESENT	
ETHN 1	INTRODUCTION TO ETHNIC STUDIES	4
ETHN 2	INTRODUCTION TO AFRICAN AMERICAN STUDIES	4
ETHN 3	INTRODUCTION TO LATINX STUDIES	4
ETHN 4	INTRODUCTION TO NATIVE AMERICAN STUDIES	4
ETHN 5	INTRODUCTION TO ASIAN AMERICAN STUDIES	4
ETHN 7	INTRODUCTION TO PACIFIC ISLANDS & OCEANIA STUDIES	4
ETHN 8	INTRODUCTION TO LAND & LABOR	4
HIST 10	HISTORY OF CALIFORNIA: THE MULTICULTURAL STATE	4
HUMN 12	POPULAR CULTURE & UNITED STATES HISTORY	4
MDIA 8A	RACE & GENDER IN AMERICAN MEDIA	4

MDIA 12	POPULAR CULTURE & UNITED STATES HISTORY	4
MUS 8	MUSIC OF AMERICAN CULTURES	5
or MUS 8H	HONORS MUSIC OF AMERICAN CULTURES	
PHOT 8	PHOTOGRAPHY OF AMERICAN CULTURES	5
or PHOT 8H	HONORS PHOTOGRAPHY OF AMERICAN CULTURES	
PSYC 22	PSYCHOLOGY OF PREJUDICE & DISCRIMINATION	4
SOC 8	POPULAR CULTURE	4
SOC 23	RACE & ETHNIC RELATIONS	4
THTR 8	MULTICULTURAL THEATRE ARTS IN MODERN AMERICA	4
WMN 5	INTRODUCTION TO WOMEN'S STUDIES	4

Additionally, students who complete the major requirements for the Apprenticeship - Plumbing Technology program will satisfy Area VI.

#### VII. Lifelong Learning

The student must successfully complete a total of four units or more in lifelong learning from two different academic departments. For the purpose of this area, ATHL, DANC, PHDA and PHED will be considered one academic department.

ATHL 4	INTERCOLLEGIATE FOOTBALL I (MEN)	2
ATHL 4A	PRESEASON CONDITIONING FOR FOOTBALL	2
ATHL 4B	SPORT TECHNIQUES & CONDITIONING FOR FOOTBALL	2
ATHL 4C	FUNCTIONAL FITNESS FOR FOOTBALL	1
ATHL 4E	INTERCOLLEGIATE FOOTBALL (MEN)	1
ATHL 4F	INTERCOLLEGIATE FOOTBALL II (MEN)	3
ATHL 11	INTERCOLLEGIATE BASKETBALL I (MEN)	3
ATHL 11A	PRESEASON CONDITIONING FOR MEN'S BASKETBALL	2
ATHL 11B	SPORT TECHNIQUES & CONDITIONING FOR MEN'S BASKETBALL	2
ATHL 12	INTERCOLLEGIATE BASKETBALL I (WOMEN)	3
ATHL 12A	PRESEASON CONDITIONING FOR WOMEN'S BASKETBALL	2
ATHL 12B	SPORT TECHNIQUES & CONDITIONING FOR WOMEN'S BASKETBALL	2
ATHL 12E	INTERCOLLEGIATE BASKETBALL (WOMEN)	1
ATHL 21	INTERCOLLEGIATE SOCCER I (MEN)	2
ATHL 21A	PRESEASON CONDITIONING FOR MEN'S SOCCER	2
ATHL 21B	SPORT TECHNIQUES & CONDITIONING FOR MEN'S SOCCER	2
ATHL 21C	FUNCTIONAL FITNESS FOR MEN'S SOCCER	1
ATHL 21F	INTERCOLLEGIATE SOCCER II (MEN)	3
ATHL 22	INTERCOLLEGIATE SOCCER I (WOMEN)	2
ATHL 22A	PRESEASON CONDITIONING FOR WOMEN'S SOCCER	2
ATHL 22B	SPORT TECHNIQUES & CONDITIONING FOR WOMEN'S SOCCER	2
ATHL 22C	FUNCTIONAL FITNESS FOR WOMEN'S SOCCER	1
ATHL 22F	INTERCOLLEGIATE SOCCER II (WOMEN)	3
ATHL 31	INTERCOLLEGIATE SOFTBALL I (WOMEN)	3
ATHL 31A	PRESEASON CONDITIONING FOR SOFTBALL	2
ATHL 31C	FUNCTIONAL FITNESS FOR SOFTBALL	1
ATHL 31E	INTERCOLLEGIATE SOFTBALL (WOMEN)	1
ATHL 31F	INTERCOLLEGIATE SOFTBALL II (WOMEN)	2

ATHL 32	INTERCOLLEGIATE SWIMMING I (MEN & WOMEN)	3
ATHL 32A	PRESEASON CONDITIONING FOR SWIMMING	2
ATHL 32C	FUNCTIONAL FITNESS FOR SWIMMING	1
ATHL 32F	INTERCOLLEGIATE SWIMMING II (MEN & WOMEN)	2
ATHL 33	INTERCOLLEGIATE WATER POLO I (WOMEN)	2
ATHL 33A	PRESEASON CONDITIONING FOR WOMEN'S WATER POLO	2
ATHL 33B	SPORT TECHNIQUES & CONDITIONING FOR WOMEN'S WATER POLO	2
ATHL 33C	FUNCTIONAL FITNESS FOR WOMEN'S WATER POLO	1
ATHL 33F	INTERCOLLEGIATE WATER POLO II (WOMEN)	3
ATHL 41A	INTERCOLLEGIATE SAND VOLLEYBALL I (WOMEN)	2
ATHL 41B	INTERCOLLEGIATE SAND VOLLEYBALL II (WOMEN)	3
ATHL 42	INTERCOLLEGIATE VOLLEYBALL I (WOMEN)	2
ATHL 42B	SPORT TECHNIQUES & CONDITIONING FOR WOMEN'S VOLLEYBALL	2
ATHL 42C	FUNCTIONAL FITNESS FOR WOMEN'S VOLLEYBALL	1
ATHL 42F	INTERCOLLEGIATE VOLLEYBALL II (WOMEN)	3
ATHL 44	INTERCOLLEGIATE TENNIS I (MEN)	3
ATHL 44A	PRESEASON CONDITIONING FOR MEN'S TENNIS	2
ATHL 44C	FUNCTIONAL FITNESS FOR MEN'S TENNIS	1
ATHL 44F	INTERCOLLEGIATE TENNIS II (MEN)	2
ATHL 45	INTERCOLLEGIATE TENNIS I (WOMEN)	3
ATHL 45A	PRESEASON CONDITIONING FOR WOMEN'S TENNIS	2
ATHL 45C	FUNCTIONAL FITNESS FOR WOMEN'S TENNIS	1
ATHL 45F	INTERCOLLEGIATE TENNIS II (WOMEN)	2
BIOL 8	BASIC NUTRITION	5
BIOL 9	ENVIRONMENTAL BIOLOGY	4
BIOL 12	HUMAN GENETICS	4
BIOL 81	LEARNERS ENGAGED IN ADVOCATING FOR DIVERSITY IN SCIENCE	4
CHEM 81	LEARNERS ENGAGED IN ADVOCATING FOR DIVERSITY IN SCIENCE	4
CNSL 1	COLLEGE SUCCESS	3
CNSL 56	LIFELONG LEARNING STRATEGIES	3
CNSL 72	STRESS, WELLNESS & COPING	3
CNSL 90	INTRODUCTION TO ONLINE LEARNING	1.5
COMM 2	INTERPERSONAL COMMUNICATION	5
COMM 10	GENDER, COMMUNICATION & CULTURE	5
COMM 12	INTERCULTURAL COMMUNICATION	5
COMM 55	CAREER & LEADERSHIP COMMUNICATION IN THE GLOBAL WORKPLACE	5
CRLP 7	SELF-ASSESSMENT	4
CRLP 73	EFFECTIVE RESUME WRITING	1
CRLP 74	SUCCESSFUL INTERVIEWING TECHNIQUES	1
DANC 1A	BEGINNING BALLET	1
DANC 1B	INTERMEDIATE BALLET	1
DANC 1C	ADVANCED BALLET	1
DANC 2A	BEGINNING MODERN DANCE	1
DANC 2B	INTERMEDIATE MODERN DANCE	1



DANC 3A	BEGINNING JAZZ DANCE	1	PHED 18C	ADVANCED TAI CHI (TAIJI)	1
DANC 3B	INTERMEDIATE JAZZ DANCE	1	PHED 20A	BEGINNING MAT PILATES	1
DANC 4A	BEGINNING BALLROOM & SOCIAL DANCE	1	PHED 20B	INTERMEDIATE MAT PILATES	1
DANC 4B	INTERMEDIATE BALLROOM & SOCIAL DANCE	1	PHED 21	FOUNDATIONS OF YOGA	1
DANC 4C	ADVANCED BALLROOM & SOCIAL DANCE	1	PHED 21A	BEGINNING HATHA YOGA	1
DANC 7	CHOREOGRAPHY	1	PHED 21B	INTERMEDIATE HATHA YOGA	1
DANC 13A	INTRODUCTION TO CONTEMPORARY DANCE	1	PHED 21C	ADVANCED HATHA YOGA	1
DANC 13B	INTERMEDIATE CONTEMPORARY DANCE	1	PHED 21D	VINYASA FLOW YOGA	1
DANC 14	DANCE CONDITIONING	1	PHED 22	BEGINNING FLEXIBILITY & MOBILITY	1
DANC 18A	INTRODUCTION TO HIP-HOP DANCE	1	PHED 22A	INTERMEDIATE FLEXIBILITY & MOBILITY	1
DANC 18B	INTERMEDIATE HIP-HOP DANCE	1	PHED 22B	PILATES & YOGA	1
HLTH 20	INTRODUCTION TO PUBLIC HEALTH	5	PHED 22C	CORE CONDITIONING	1
HLTH 21	CONTEMPORARY HEALTH CONCERNS	4	PHED 22E	CROSS TRAINING FOR ENDURANCE	1
HLTH 22	HEALTH & SOCIAL JUSTICE	4	PHED 23A	TRAIL HIKING	1
HLTH 23	DRUGS, HEALTH & SOCIETY	4	PHED 23B	DAY HIKING	1
KINS 4	CONCEPTS OF PHYSICAL FITNESS & WELLNESS	4	PHED 24	INTRODUCTION TO GOLF	1
KINS 16A	PREVENTION OF ATHLETIC INJURIES	3	PHED 24A	SWING DEVELOPMENT FOR THE EXPERIENCED GOLFER	1
KINS 16B	EMERGENCY ATHLETIC INJURY CARE	3	PHED 24C	INTERMEDIATE GOLF COURSE PLAY	2
KINS 16C	TREATMENT & REHABILITATION OF ATHLETIC INJURIES	3	PHED 24D	ADVANCED GOLF COURSE PLAY	2
KINS 49	MANAGING PHYSICAL STRESS	3	PHED 25A	SWING ANALYSIS	1
LIBR 10	INTRODUCTION TO COLLEGE RESEARCH	1	PHED 25B	BEGINNING GOLF COURSE PLAY	2
or LIBR 10H	HONORS INTRODUCTION TO COLLEGE RESEARCH		PHED 26	BEGINNING TENNIS SKILLS	1
MATH 83	LEARNERS ENGAGED IN ADVOCATING FOR DIVERSITY IN SCIENCE	4	PHED 26A	INTERMEDIATE TENNIS	1
PHDA 15A	MODIFIED TOTAL FITNESS	1	PHED 26C	BEGINNING DOUBLES TENNIS	1
PHDA 15B	INTERMEDIATE MODIFIED TOTAL FITNESS	1	PHED 27	WALK FOR HEALTH	1
PHDA 15C	PROGRESSIVE MODIFIED TOTAL FITNESS	1	PHED 27A	RUN FOR FITNESS	1
PHDA 16	MODIFIED GENERAL CONDITIONING	1	PHED 27B	INTERMEDIATE RUN FOR FITNESS	1
PHDA 17	MODIFIED RESISTIVE EXERCISE	1	PHED 27C	INTERMEDIATE WALK FOR HEALTH	1
PHDA 18	INDIVIDUALIZED EXERCISE FOR SPECIAL POPULATIONS	1	PHED 31A	FUTSAL: INDOOR SOCCER BEGINNING	1
PHDA 20	MODIFIED FUNCTIONAL FITNESS	1	PHED 31B	FUTSAL: INDOOR SOCCER INTERMEDIATE	1
PHDA 21A	MODIFIED AQUATICS	1	PHED 31C	FUTSAL: INDOOR SOCCER ADVANCED	1
PHDA 21B	MODIFIED WATER EXERCISE	1	PHED 33	BEGINNING TABLE TENNIS	1
PHDA 23	MODIFIED AEROBIC EXERCISE	1	PHED 33A	INTERMEDIATE TABLE TENNIS	1
PHDA 24	MODIFIED STRETCHING & FLEXIBILITY	1	PHED 33B	ADVANCED TABLE TENNIS	1
PHDA 25	BALANCE & FUNCTIONAL MOVEMENT	1	PHED 36A	BEGINNING ARCHERY	1
PHED 10A	AQUATICS: LEVEL I, BEGINNING SWIMMING	1	PHED 36B	INTERMEDIATE ARCHERY	1
PHED 10B	AQUATICS: LEVEL II, INTERMEDIATE SWIMMING	1	PHED 36C	ADVANCED ARCHERY	1
PHED 10C	AQUATICS: LEVEL III, MASTERS SWIMMING/ ADVANCED SWIM TRAINING	1	PHED 37	BEGINNING BADMINTON: SINGLES & DOUBLES	1
PHED 11A	WATER EXERCISE	1	PHED 37A	INTERMEDIATE BADMINTON: SINGLES & DOUBLES	1
PHED 11B	AQUATIC FITNESS	1	PHED 37B	ADVANCED BADMINTON: SINGLES & DOUBLES	1
PHED 11C	WATER AWARENESS	1	PHED 38A	BASKETBALL FUNDAMENTALS	1
PHED 13	BEGINNING WATER POLO	1	PHED 38B	BASKETBALL GAME SKILLS	1
PHED 13A	INTERMEDIATE WATER POLO	1	PHED 38C	BEGINNING BASKETBALL	1
PHED 13C	WATER POLO: GAME SKILLS	1	PHED 40	BEGINNING VOLLEYBALL	1
PHED 15A	BEGINNING PICKLEBALL	1	PHED 40A	INTERMEDIATE VOLLEYBALL	1
PHED 15B	INTERMEDIATE PICKLEBALL	1	PHED 40C	VOLLEYBALL: GAME SKILLS	1
PHED 15C	ADVANCED PICKLEBALL	1	PHED 41	INDOOR CYCLING: SPIN	1
PHED 18	BEGINNING TAI CHI (TAIJI)	1	PHED 41A	INDOOR CYCLING: HILLS & SPRINTS	1
PHED 18B	INTERMEDIATE TAI CHI (TAIJI)	1	PHED 41B	INTERMEDIATE INDOOR CYCLING	1
			PHED 43A	ULTIMATE I	1

PHED 45	FITNESS FOR LIFE	1
PHED 45A	FOUNDATIONS OF STRENGTH & CONDITIONING	1
PHED 45C	CIRCUIT TRAINING	1
PHED 46	WEIGHT LIFTING FOR HEALTH & FITNESS	1
PHED 46A	INTERMEDIATE WEIGHT TRAINING FOR HEALTH & FITNESS	1
PHED 46B	ADVANCED WEIGHT LIFTING FOR HEALTH & FITNESS	1
PHED 47B	THIGHS, ABS & GLUTEUS (TAG)	1
PHED 47C	HIGH-INTENSITY INTERVAL TRAINING (HIIT)	1
PHED 49A	SURVIVOR TRAINING	1
PHED 49B	BOOT CAMP TRAINING	1
PSYC 49	HUMAN SEXUALITY	4
SOC 19	ALCOHOL & DRUG ABUSE	4
SOC 40	ASPECTS OF MARRIAGE & FAMILY	4

Additionally, students who complete the major requirements for the Apprenticeship - Plumbing Technology program will satisfy Area VII.

Minimum proficiency: ENGL 1A or ENGL 1AH or ESLL 26; college-level math course at or above the level of Intermediate Algebra.

It is imperative to note that the Foothill College general education pattern is only appropriate for students pursuing the Foothill College associate in arts or associate in science degree. However, it is not appropriate for students pursuing an A.A.–T or A.S.–T degree. Students planning to earn an A.A.–T or A.S.–T must complete either the IGETC or CSU GE Breadth general education pattern. Note that completion of the IGETC or CSU GE Breadth pattern may also be used to satisfy the general education requirements for the Foothill A.A./A.S. degree. **Because there are significant differences between the three patterns, students are strongly advised to meet with a counselor to determine which pattern will best meet the student's goals.**

Effective Summer Session 2023