

V T 51D: SENIOR SEMINAR

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2025
Units:	1
Hours:	1 lecture per week (12 total per quarter)
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Non-GE
Transferable:	CSU
Grade Type:	Letter Grade Only
Repeatability:	Not Repeatable

Student Learning Outcomes

- Student will review and finalize learning styles
- Student will modify their balanced life, work and school schedule for senior year and create schedules for winter and spring quarter
- Student will participate effectively and efficiently in structured study groups and sessions
- Student will create detailed study techniques for fall quarter classes and upcoming classes in winter and spring

Description

Provides enrichment of the core curriculum of the Veterinary Technology Program. Students will focus on senior year time management. They will reflect on the summer study guides and continue to identify best practices for studying. They will participate in weekly instructor-guided study sessions covering their core curriculum courses this quarter. They will also develop study techniques that will assist them in being successful in future quarters. Intended for students in the Veterinary Technology Program; enrollment is limited to students accepted in the program.

Course Objectives

The student will be able to:

1. Balance life, work, and school schedules for senior year
2. Discuss challenges students may face in the veterinary field
3. Describe and apply critical skills

Course Content

1. Schedules
 - a. Incorporating internship hours
 - b. Animal care
 - c. Hours for studying
 - d. Commuting
 - e. Work
 - f. Class time
 - g. Family/friends responsibilities
 - h. Self care
2. Student challenges
 - a. Implicit bias discussion
 - b. Courageous conversation

- c. Mindfulness
 - d. Anxiety and depression
 - e. Fears and self-talk
 - f. Privilege
 - g. Diversity, equity, and inclusion
3. Critical skills
 - a. Conversations with difficult clients, coworkers, and supervisors
 - b. Resiliency

Lab Content

Not applicable.

Special Facilities and/or Equipment

1. Classroom equipped with multimedia presentation and projection capabilities.
2. Computers with internet access.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Homework assignments
Class participation

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Interactive lecture/presentations
Study sessions

Representative Text(s) and Other Materials

No required textbook. Materials provided by the instructor and presenter(s); online resources.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

Handout material and online resources (documents, presentation slides, web links, images, video) will be provided by the instructor.

Discipline(s)

Registered Veterinary Technician