V T 51A: FRESHMAN SEMINAR

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2025
Units:	1
Hours:	1 lecture per week (12 total per quarter)
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Non-GE
Transferable:	CSU
Grade Type:	Letter Grade Only
Repeatability:	Not Repeatable

Student Learning Outcomes

- Students evaluate how the information presented may help them broaden their scope of practice as a veterinary nurse.
- Reflect upon and evaluate the value of the topical information presented. Discuss the student relevancy and relationship to the Veterinary Technology Core Curriculum.

Description

Provides enrichment of the core curriculum of the Veterinary Technology Program. Students will build on their current study skills, time management, professionalism, communication, and conflict resolution skills. Students will work with their classmates and the instructor to tailor these skills to the Veterinary Technology Program. Lectures, discussion, and workshop format. Intended for students in the Veterinary Technology Program; enrollment is limited to students accepted in the program.

Course Objectives

The student will be able to:

1. Describe the roles that communication styles play in both a clinical and an academic setting
2. Evaluate their current executive functioning skills
3. Apply learning strategies for clinical and academic success
4. Apply conflict resolution skills
5. Apply tools for stress management

Course Content

1. Communication styles
   a. Discuss the ways of receiving and giving communications
   b. Understand the pros and cons of the various types
2. Executive functioning skills
   a. Create a time audit
   b. Define what needs to be done and discover ways to be motivational
   c. Develop a planner for the school quarter
3. Learning strategies
   a. Know the expectations of each class
   b. Create study groups, study guides, and outlines to achieve expectations
4. Conflict resolution skills
   a. Develop outlines for conflict resolution, including recognition, points of agreement/disagreement, and resolution
   b. Discuss how to effectively listen
5. Stress management
   a. Introduction and networking with services on campus that can be supportive
   b. Develop tools to recognize levels of stress, ways to take control and turn it into a positive/healthy experience

Lab Content

Not applicable.

Special Facilities and/or Equipment

1. Classroom equipped with multimedia presentation and projection capabilities.
2. Computers with internet access.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Group projects
Online coursework
Quizzes
Written exercises

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Interactive lecture/presentations
Small group discussions and activities
Written exercises, role-playing, small group work
Online coursework, textbooks, and handouts
Guest speakers
Course management system is used for homework and communication purposes

Representative Text(s) and Other Materials

Bassert, Joanna M., and Dennis M. McCurnin. Clinical Textbook for Veterinary Technicians, 10th ed.. 2023.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. Reading of handouts and textbooks, equivalent to about 20-40 pages per week
2. Reading materials in course management system
3. Online coursework

Discipline(s)

Registered Veterinary Technician