

V T 51A: FRESHMAN SEMINAR

Foothill College Course Outline of Record

Heading	Value
Units:	1
Hours:	1 lecture per week (12 total per quarter)
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Non-GE
Transferable:	CSU
Grade Type:	Letter Grade Only
Repeatability:	Not Repeatable

Student Learning Outcomes

- Students evaluate how the information presented may help them broaden their scope of practice as a veterinary nurse.
- Reflect upon and evaluate the value of the topical information presented. Discuss the student relevancy and relationship to the Veterinary Technology Core Curriculum.

Description

Provides enrichment of the core curriculum of the Veterinary Technology Program. Students will develop or improve study skills, time management, professionalism, communication, and conflict resolution. Lectures, discussion, and workshop format. Intended for students in the Veterinary Technology Program; enrollment is limited to students accepted in the program.

Course Objectives

The student will be able to:

- Describe all ways of communication and how to better understand what is being conveyed
- Apply time management skills to be more productive
- Build skills for organizing and planning specific activities in life and school
- Discuss strategies to benefit from the material in textbooks needed in classes
- Learn practical applications for conflict resolution skills
- Develop better methods to deal more effectively with stress in life by analyzing the specific stressors and taking positive actions to minimize their effects

Course Content

- Describe all ways of communication and how to better understand what is being conveyed
 - Discuss the ways of receiving and giving communications
 - Understand the pros and cons to the various types
- Apply time management skills to be more productive
 - Create a time audit
 - Recognize ways to plan ahead for successful productivity
- Build skills for organizing and planning specific activities in life and school
 - Define what needs to be done and discover ways to be motivational
 - Develop a planner for the school quarter

- Discuss strategies to benefit from the material in textbooks needed in classes
 - Know the expectations of each class
 - Create study groups, study guides and outlines to achieve expectations
- Learn practical applications for conflict resolution skills
 - Develop outlines for conflict resolution, including recognition, points of agreement/disagreement and resolution
 - Discuss how to effectively listen
- Develop better methods to deal more effectively with stress in life by analyzing the specific stressors and taking positive actions to minimize their effects
 - Introduction and networking with services on campus that can be supportive
 - Develop tools to recognize levels of stress, ways to take control and turn it into a positive/healthy experience

Lab Content

Not applicable.

Special Facilities and/or Equipment

- Classroom equipped with multimedia presentation and projection capabilities.
- Computers with internet access.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

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- Group projects
- Online coursework
- Multiple quizzes
- Written exercises

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

- Interactive lecture/presentations
- Small group discussions and activities
- Written exercises, role-playing, small group work
- Online coursework, textbooks and handouts
- Guest speakers
- Canvas is used for homework and communication purposes

Representative Text(s) and Other Materials

Bassett, Joanna M., Angela D. Beal, and Oreta M. Samples. [Clinical Textbook For Veterinary Technicians](#). 9th ed. W. B. Saunders Co., 2018.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

- Reading of handouts and textbooks, equivalent to about 20-40 pages per week
- Canvas site reading materials

C. Online coursework

Discipline(s)

Registered Veterinary Technician