

RSPT 61B: NEONATAL RESPIRATORY CARE

Foothill College Course Outline of Record

Heading	Value
Units:	3
Hours:	2 lecture, 3 laboratory per week (60 total per quarter)
Prerequisite:	RSPT 61A.
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Non-GE
Transferable:	CSU
Grade Type:	Letter Grade Only
Repeatability:	Not Repeatable

Student Learning Outcomes

- Can demonstrate the appropriate steps and sequence for the resuscitation of a neonate.
- Explain the steps necessary to place a newborn on an infant ventilator and applies the principles of airway management appropriately.

Description

In depth look at Neonatal Respiratory Care. Examination and assessment of the neonate. Neonatal Respiratory diseases and disorders including treatment and management. Preparation for the Neonatal Resuscitation Program certification. Intended for students in the Respiratory Therapy Program; enrollment is limited to students accepted in the program.

Course Objectives

The student will be able to:

- Explain the stages of fetal development and the gestational age at which they occur
- Identify several conditions that lead to abnormal development and lung injury
- Describe fetal circulation and shunts and the sequence of events that occur when the fetus transitions to extrauterine life
- Explain antenatal assessment and High risk delivery
- Demonstrate neonatal assessment and resuscitation
- Perform an examination and assessment of the neonatal patient
- Analyze radiographic studies of the neonate
- Interpret Laboratory data
- Recognize monitoring equipment and relate the data to the patient's condition
- Describe oxygen equipment
- Explain the use and indications for surfactant replacement therapy
- Perform airway clearance techniques
- Apply the principles of airway management to the neonatal patient
- Explain indications and use of mechanical ventilation of the neonate
- Explain indications and use of non-invasive ventilation of the neonate
- Describe neonatal pulmonary disorders
- Explain neonatal complications of Respiratory Care
- Identify congenital cardiac defects
- Describe Sudden Infant Death Syndrome
- Explain indications for Extracorporeal Life support

Course Content

- Fetal development
 - Stages
 - Embryonal
 - Pseudoglandular
 - Canalicular
 - Saccular
 - Alveolar
 - Abnormal development and lung injury
 - Pulmonary hypoplasia
 - Respiratory Distress Syndrome (RDS)
 - Lung prematurity
 - Fetal circulation
 - Stages of heart development
 - Fetal shunts
 - Ductus venosus
 - Foramen ovale
 - Ductus arteriosus
 - Fetal directional blood flow
 - Transition after birth
 - Antenatal assessment and High risk delivery
 - Antenatal assessment
 - History
 - High risk
 - Cervical insufficiency
 - Alcohol use
 - Smoking
 - Drug use
 - Hypertension
 - Diabetes mellitus
 - Nulliparity
 - Advanced maternal age
 - Multiples
 - Neonatal assessment and resuscitation
 - Neonatal Resuscitation Program Review
 - Resuscitation simulations
 - Examination and assessment of the neonatal patient
 - Apgar score
 - Physical examination
 - Vital signs
 - Silverman score
 - Respiratory assessment
 - Radiographic studies of the neonate
 - Chest radiographs
 - CT scans
 - Laboratory data
 - ABGs
 - Chemistry
 - Hematology
 - Coagulation studies
 - Electrolytes
 - Monitoring
 - Cardiac monitoring
 - Arterial lines
 - UV catheter
 - Non-invasive monitoring
 - Transcutaneous
 - Oximetry
 - End tidal CO₂
 - Oxygen equipment
 - Fixed performance

- 2. Variable performance
- K. Surfactant replacement therapy
 - 1. Physiology
 - 2. Indications
 - 3. Prophylactic vs. Rescue therapy
- L. Airway clearance techniques
 - 1. Suctioning
 - 2. Bronchopulmonary hygiene therapy
- M. Airway management to the neonatal patient
 - 1. Indications for intubation
 - 2. Indications for Nasal CPAP
- N. Mechanical ventilation of the neonate
 - 1. Indication
 - 2. Initial ventilator settings
 - 3. Modes of ventilation
 - a. Pressure modes
 - b. Volume modes
 - c. Combination modes
 - 4. Weaning from mechanical ventilation
 - 5. Alarm settings
 - 6. Troubleshooting
 - 7. Complications
- O. Non-invasive ventilation of the neonate
 - 1. Indications
 - 2. Equipment
 - 3. Interface
 - 4. Complications
- P. Neonatal pulmonary disorders
 - 1. Respiratory Distress Syndrome
 - 2. Pneumonia
 - 3. Meconium aspiration syndrome
 - 4. Tracheoesophageal fistula
 - 5. Congenital abnormalities
 - 6. Pleural effusion
 - 7. Pulmonary edema
 - 8. Cysts and tumors
 - 9. Malacia-Atresia
 - 10. Transient Tachypnea of the Newborn
 - 11. Cardiovascular disorders
- Q. Neonatal complications of Respiratory Care
 - 1. Chronic lung disease
 - 2. Wilson-Mikity syndrome
 - 3. Pulmonary insufficiency
 - 4. Bronchopulmonary dysplasia
- R. Congenital cardiac defects
 - 1. Patent ductus arteriosus
 - 2. Atrial septal defect
 - 3. Ventricular septal defect
 - 4. Atrioventricular Canal defect
 - 5. Aortic stenosis
 - 6. Coarctation of the aorta
 - 7. Hypoplastic left heart syndrome
 - 8. Total anomalous pulmonary venous return
 - 9. Tetralogy of Fallot
 - 10. Truncus arteriosus
 - 11. Complete transposition of the great vessels
 - 12. Hypoplastic right ventricle
- S. Sudden Infant Death Syndrome
 - 1. Incidence
 - 2. Apparent life threatening events
 - 3. Apnea
- T. ECMO

- 1. Indications
- 2. Risks and complications

Lab Content

- A. Interpret infant CXRs
 - 1. Radiographic studies of the neonate
 - 2. Chest radiographs
 - 3. CT scans
- B. Interpret clinical lab values for neonatal patients
 - 1. ABGs
 - 2. Chemistry
 - 3. Hematology
 - 4. Coagulation studies
 - 5. Electrolytes
- C. Assemble, trouble shoot and manage infant ventilators
 - 1. Indication
 - 2. Initial ventilator settings
 - 3. Modes of ventilation
 - a. Pressure modes
 - b. Volume modes
 - c. Combination modes
 - 4. Weaning from mechanical ventilation
 - 5. Alarm settings
 - 6. Troubleshooting
 - 7. Complications
- D. Perform a neonatal ventilator check
- E. Demonstrate how to assemble a bag/mask unit and bag a simulation baby with given parameters
- F. Performs neonatal resuscitation simulation
- G. Complete the neonatal resuscitation program (NRP) certification
- H. Neonatal assessment and resuscitation
 - 1. Neonatal Resuscitation Program Review
 - a. Apgar score
 - b. Physical examination
 - c. Vital signs
 - d. Silverman score
 - e. Respiratory assessment
 - f. Resuscitation simulations
 - I. Monitoring
 - 1. Cardiac monitoring
 - a. Arterial lines
 - b. UV catheter
 - 2. Non-invasive monitoring
 - a. Transcutaneous
 - b. Oximetry
 - c. End tidal CO₂
 - J. Oxygen equipment
 - 1. Fixed performance
 - 2. Variable performance
- K. Surfactant replacement therapy
 - 1. Physiology and indications
 - 2. Delivery of surfactant
 - 3. Prophylactic vs. Rescue therapy
- L. Airway clearance techniques
 - 1. Suctioning
 - 2. Bronchopulmonary hygiene therapy
- M. Airway management to the neonatal patient
 - 1. Indications for intubation
 - 2. Indications for Nasal CPAP
- N. High frequency oscillatory ventilation (HFOV)
 - 1. Indication

- 2. Initiation
- 3. Weaning
- 4. Alarm settings
- 5. Troubleshooting
- 6. Complications
- 0. Non-invasive ventilation of the neonate
 - 1. Indications
 - 2. Equipment
 - 3. Interface
 - 4. Complications

Special Facilities and/or Equipment

Calculator, infant ventilators, airway care equipment, and resuscitation babies.

Method(s) of Evaluation

The following evaluation methods may include but are not limited to:

- A. Midterm Examinations
- B. Special Assignment
- C. Lab Ventilator Check off
- D. Laboratory assignments
- E. Comprehensive Examination

Method(s) of Instruction

- A. Lecture
- B. Discussion on neonatal topics such as fetal development and birth

Representative Text(s) and Other Materials

Walsh, Brian K., Neonatal and Pediatric Respiratory Care, 4th ed. Mosby, 2015. ISBN 9781455753192

Kacmarek, Stoller, and Heuer, Egan's Fundamentals of Respiratory Care, 10th ed. Mosby, 2013. ISBN 9780323082037

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

- A. Reading assignments will correspond to material covered and may vary from 2-5 chapters per week

Discipline(s)

Respiratory Technologies