

# PHED 24C: INTERMEDIATE GOLF COURSE PLAY

## Foothill College Course Outline of Record

Heading	Value
<b>Effective Term:</b>	Summer 2023
<b>Units:</b>	2
<b>Hours:</b>	6 laboratory per week (72 total per quarter)
<b>Advisory:</b>	This course is included in the Individual Sports family of activity courses; not open to students with credit in H P 25DX.
<b>Degree &amp; Credit Status:</b>	Degree-Applicable Credit Course
<b>Foothill GE:</b>	Area VII: Lifelong Learning
<b>Transferable:</b>	CSU/UC
<b>Grade Type:</b>	Letter Grade (Request for Pass/No Pass)
<b>Repeatability:</b>	Not Repeatable

## Student Learning Outcomes

- Demonstrate with increasing degree of proficiency advanced golf skills including drive, bunker shots and putting.
- Demonstrate with increasing proficiency and improvement in scoring in golf course play

## Description

Students will play an 18 hole golf course, including multiple game formats (scramble, shotgun, and bestball), practice with club selection, and "reading" the ball.

## Course Objectives

The student will be able to:

- Develop intermediate skills in golf shot execution
- Develop the knowledge and skills to play a regulation golf course
- Understand the etiquette involved in playing on a golf course
- Demonstrate an improvement in scoring through instructor observation and tournament competition

## Course Content

- Develop intermediate skills for long and short golf game
  - Putting
  - Chipping
  - Pitching
  - The use of long irons and woods
  - Driver
- Knowledge and skills to play a regulation golf course
  - Preparing the student and describing swing flaws
  - Club selection
  - Strategies
  - Focus and mental toughness

- Game formats (scramble, bestball)
  - Relaxation and stress reduction techniques
- Knowledge of rules and etiquette
    - Hazards, out of bounds, lateral and water hazards (red stakes, white stakes, yellow stakes)
    - Pace of play, e.g., keeping up with the group in front of you
    - Replace divots, repair ball marks
    - Common on-course courtesies, e.g., no talking or moving while someone is hitting
  - Scoring
    - Course management
    - Risk and reward
    - Club options
    - Shot selections

## Lab Content

Lab content includes demonstrations of the following:

- Putting
- Chipping
- Pitching
- Sand shots
- Driving

## Special Facilities and/or Equipment

- Regulation golf course, practice putting green, chipping area, sand trap.
- Golf clubs, golf balls, and tees.
- When taught as an online distance learning or hybrid section, students and faculty need ongoing and continuous internet and email access.

## Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Physical skills and adjustment techniques will be assessed by instructor  
On-course demeanor and adherence to rules and etiquette

## Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Discussion  
Laboratory  
Demonstration

## Representative Text(s) and Other Materials

Penick, Harvey. *Harvey Penick's Little Red Book*. 2013.

Although this text is older than the suggested "5 years or newer" standard, it remains a seminal text in this area of study.

R&A and USGA Rules of Golf (current year)

Note: The most recent edition of the rules will be used; annual updates are available online at <https://www.usga.org/content/usga/home-page/rules-hub.html>

## **Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments**

- a. Optional reading activities to include monthly golf publications, such as golf magazines and periodicals
- b. Professional tournament viewing

## **Discipline(s)**

Physical Education