

# NCSV 400: GERIATRIC HOME AIDE BASICS

## Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2022
Units:	0
Hours:	60 lecture per quarter (60 total per quarter)
Degree & Credit Status:	Non-Degree-Applicable Non-Credit Course
Foothill GE:	Non-GE
Transferable:	None
Grade Type:	Non-Credit Course (Receives no Grade)
Repeatability:	Unlimited Repeatability

## Student Learning Outcomes

- A successful student will be able to demonstrate basic emergency management techniques.
- A successful student will be able to describe the geriatric patient population

## Description

Prepares students to care for ambulatory elderly clients in their own homes with focus on basic clientele needs and skills required to meet those needs. Intended for students pursuing a career as a geriatric home aide. Completion of both NCSV 400 and 401 leads to a noncredit certificate in Geriatric Home Aide.

## Course Objectives

The student will be able to:

1. Describe the geriatric patient population
2. Discuss the basic nursing needs of geriatric patients and demonstrate appropriate techniques to meet these needs
3. Recall and demonstrate techniques for the maintenance of a safe home environment
4. Review and exhibit basic emergency management techniques
5. Identify mental health issues surrounding the geriatric population and demonstrate appropriate care techniques

## Course Content

1. Overview of the geriatric patient population
  - a. Historical perspective of geriatric care
  - b. Influences of recent research and medical advances
  - c. Aging process
  - d. Elder abuse
  - e. Cultural diversity
2. Basic nursing needs for the geriatric patient
  - a. Measuring and recording vital signs
  - b. Changing a nonsterile dressing
  - c. Caring for a prosthesis or brace

- d. Assisting with oxygen therapy
  - e. Personal hygiene and elimination needs
  - f. Basic body mechanics and client mobility issue
  - g. Patient rights and ethical considerations
  - h. Observation and documentation skills
3. Managing the home environment
    - a. Basic infection control
    - b. Maintaining a safe and clean living area
    - c. Safe medication storage and disposal
  4. Emergency care
    - a. Fire evacuation
    - b. Diabetic emergency
    - c. Patient falls
  5. Mental health
    - a. Stress management
    - b. Dealing with dementia
    - c. Grief and loss and the dying patient
    - d. Interacting with family members
    - e. Community resources

## Lab Content

Not applicable.

## Special Facilities and/or Equipment

Multi-media classroom.

## Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Evaluation of student participation in class discussions  
 Evaluation of in-class student skill demonstrations  
 A cumulative final is given with 70% or above to pass class

## Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture  
 Discussion  
 Cooperative learning exercises  
 Demonstration

## Representative Text(s) and Other Materials

Leahy, William, et al.. [Providing Home Care: A Textbook for Home Health Aides, 5th ed.](#) 2017.

Instructor handouts

## Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. Assigned chapter readings in textbook are expected before each day of class in order to have active input in class

2. A web search on a related topic of interest and report to class is required
3. Clinical practice of hands-on skills is performed throughout class

## **Discipline(s)**

Health and Safety: Noncredit or Nursing