

# NCP 402B: THE IMPORTANCE OF FAMILY IN THE LIVES OF CHILDREN II: ADOLESCENT YEARS

## Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2022
Units:	0
Hours:	8 lecture per quarter (8 total per quarter)
Degree & Credit Status:	Non-Degree-Applicable Non-Credit Course
Foothill GE:	Non-GE
Transferable:	None
Grade Type:	Non-Credit Course (Receives no Grade)
Repeatability:	Unlimited Repeatability
Formerly:	NCP 402

## Student Learning Outcomes

- Students will be able to identify local family, community and educational resources.
- Students will be able to examine and discuss the importance of families in the lives of adolescents.
- Students will be able to identify ways for families and primary caregivers to be involved in the lives of adolescents.

## Description

Introduces families and caregivers to the importance of family in the lives of adolescents and best practices in parenting, and links students to resources. Emphasis placed on family engagement linked to learning and student success; leadership; accessing resources; and navigating systems in multicultural communities. This course helps prepare students for credit courses in child development. May be offered bilingually.

## Course Objectives

The student will be able to:

1. discuss the importance of family in the lives of adolescents
2. identify ways for parents to be involved and leaders in their adolescents' lives
3. utilize family, community and educational resources

## Course Content

This course will encompass several parenting education areas focused on the adolescent years:

1. The importance of family
  - a. Values, goals and dreams
  - b. Cultural identity and traditions
  - c. Family strengths
2. Parent involvement and leadership
  - a. Importance of fathers and male role models
  - b. Supporting adolescent's learning and education, Common Core, STEAM, parent-teacher conferences, IEPs
  - c. Building community-support networks for parents and families
3. Accessing family, community and educational resources and navigating systems
  - a. Family literacy resources and local libraries
  - b. Agencies and services for children with special needs
  - c. Career and professional growth opportunities
  - d. Navigating the California education system through Foothill College Student Services
  - e. Educational opportunities—ESL, GED, CD Academy, STEM Camp
  - f. Family and community events

## Lab Content

Not applicable.

## Special Facilities and/or Equipment

When taught online/virtual: students and faculty need internet access with Zoom-capable computer, monitor and speakers.

## Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Student participation in discussions and activities  
Journal writing and reflections  
Individual, team and small group demonstrations and role plays  
In-class writing assignments

## Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture  
Discussion  
Demonstration  
Group work

## Representative Text(s) and Other Materials

Handouts, journal articles, instructor-developed materials, online open resources, videos, DVDs.

## Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. Example reading assignment: In [What Makes Your Family Strong?](#) [The Five Protective Factors](#) handout (English and Spanish): "The reality is hard times, adversity, misfortune, difficulties... whatever you call it, your family is sure to face it at one time or another. The good

news is the risks you and your children face DO NOT define you as a family—Five Protective Factors DO!" Read handout, consider the protective factors in your family and be prepared to discuss them within small groups

2. Example writing assignment: Journal how you as a parent have become more engaged with your adolescent over the four weeks of the course

## **Discipline(s)**

Parent Education: Noncredit