

NCAL 422A: PERFORMANCE PRODUCTION I FOR OLDER ADULTS

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Winter 2026
Units:	0
Hours:	1 lecture, 15 laboratory per week (192 total per quarter)
Prerequisite:	Requires a pre-arranged audition and instructor selection for assignment to participate/enroll; students must complete an audition and accept an assigned role for enrollment. Audition information is available on the department website or by contacting the assigned instructor.
Degree & Credit Status:	Non-Degree-Applicable Non-Credit Course
Foothill GE:	Non-GE
Transferable:	None
Grade Type:	Non-Credit Course (Receives no Grade)
Repeatability:	Unlimited Repeatability

Student Learning Outcomes

- By acting in a theatrical production for public performance, apply basic acting techniques and rehearsal processes.
- Integrate assigned participation into ensemble performance circumstances for live public performance.

Description

This noncredit course is targeted towards older adults. Supervised participation as a performer in scheduled non-musical productions of the Theatre Arts Department with a designated emphasis towards confidence in performing, as well as integrative familiarity in the full process of mounting a production for public performance. Culminates in a fully staged theatrical production.

Course Objectives

The student will be able to:

1. Perform a role in manner stylistically consistent with the overall production and subsequently sustain practiced performance standards over an extended performance run of several weeks. This includes:
 - a. Practical experience of live audience performance adhering to all scheduling, focus, cooperation, and performance requirements.
2. Assimilate and participate in ensemble process of rehearsal, including:

- a. Accurately memorize specific dialogue and cues.
- b. Employ an acceptable system of recording and making notation of prescribed blocking and cues.
- c. Analyze and integrate instructor evaluation of acting into one's own performance.
- d. Demonstrate cooperation and supportive behavior to fellow participants towards a common goal.

Course Content

1. Practical experience of live audience performance adhering to all scheduling, focus, cooperation, and performance requirements
 - a. Continue the preparation momentum of rehearsal into multiple weeks of performance for a public audience and all the challenges therein
 - b. Acquire enhanced confidence in becoming a instrument of public scrutiny
2. Participation in rehearsal and preparation process and all its characteristics
 - a. Actively engage the phases of the development of a production, encompassing six to nine weeks of preparation
 - b. Determination of an appropriate approach to acting consistent with the ensemble needs of the specific production
 - c. Recognize the function of various rehearsal phases (interpretive, staging, polishing, technical, dress, brush-up), and practice appropriate behaviors appropriate to the differing demands of those rehearsals/phases
 - d. Work in extensively group oriented ensemble atmosphere engaging the intricacies of a multi-collaborative art form and role the individual plays as part of the overarching group effort

Lab Content

1. Participation and observation of rehearsal process for scheduled production.
2. Perform various, necessary production support functions, including but not limited to costume fittings, publicity, other preparation or technical support.
3. Plan, prepare, and execute assigned facets of consistently performing in repetition a prescribed performance production in a public audience forum.
4. Fulfill the necessary group project requirements of public performance through personal preparation, through warm-up, make-up application, costume preparation, and other necessary elements.

Special Facilities and/or Equipment

A fully-equipped studio or standard proscenium theatre, dressing and make-up rooms, theatre scenic and costume shops, theatre box office, additional rehearsal space as required, basic audio-visual equipment.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Proficiency by successful completion of designated class project/ performance assignment for public presentation
Proficiency through detailed instructor feedback and evaluation at every phase of the production process

Proficiency through evaluation of written character studies, background research, peer and self-evaluation

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture presentation of theory and foundational premises of prescribed performance material

Discussion: assessment and analysis of situations as they relate to rehearsal instructions and performance preparation

Cooperative learning exercises: ensemble performance projects

Oral presentations: solo performance exercises

Laboratory: rehearsal and preparation

Demonstration: peer and instructor modelling and self-assessment through performance presentations

Trial and error experimentation towards fulfillment of prescribed course project of a full-length production for public performance

Representative Text(s) and Other Materials

The selected play script and appropriate background reading as assigned by the instructor each quarter. There is no regular text as the text chosen each term will not repeat within a minimum of 10 years. The text is chosen based on the specific performance project.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. Read and study assigned play scripts.
2. Research and study project related background materials.
3. Performance assignment memorization.
4. Read related project articles assigned by instructor.
5. Write self-reflection journal.

Discipline(s)

Theater Arts