

KINS 62E: CLINICAL EXPERIENCES IN SPORTS MEDICINE V

Foothill College Course Outline of Record

Heading	Value
Units:	3
Hours:	9 laboratory per week (108 total per quarter)
Prerequisite:	KINS 62D.
Advisory:	Not open to students with credit in PHED 62E.
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Non-GE
Transferable:	CSU
Grade Type:	Letter Grade (Request for Pass/No Pass)
Repeatability:	Not Repeatable

Student Learning Outcomes

- Design comprehensive rehabilitation program
- Demonstrate mastery of course material in a capstone project

Description

Advanced experience in athletic emergency care, athletic injury prevention, therapeutic treatment, and rehabilitation of athletic injuries. Observation of orthopedic surgeries, assisting in physical therapy clinics or other related allied health settings complement the on-campus Athletic Treatment Center.

Course Objectives

The student will be able to:

- Design and apply comprehensive rehabilitation programs
- Discuss details of specific injury case studies
- Complete individual projects
- Complete career preparation projects

Course Content

- Comprehensive rehabilitation programs
 - Upper extremity (surgical or non-surgical)
 - Lower extremity (surgical or non-surgical)
 - Application of functional rehabilitation exercises
- Case studies
 - Upper extremity
 - Lower extremity
 - General medicine
- Individual project
 - Team coverage end of year review
 - Off-season strength and conditioning program
 - Inventory review and supply bid
 - Medical/fitness facility design
 - Other individual projects
- Career preparation
 - Resume

- University application
- Program application

Lab Content

- Comprehensive rehabilitation programs
 - Upper extremity (surgical or non-surgical)
 - Lower extremity (surgical or non-surgical)
 - Application of functional rehabilitation exercises
- Case studies
 - Upper extremity
 - Lower extremity
 - General medicine
- Individual project
 - Team coverage end of year review
 - Off-season strength and conditioning program
 - Inventory review and supply bid
 - Medical/fitness facility design
 - Other individual projects
- Career preparation
 - Resume
 - University application
 - Program application

Special Facilities and/or Equipment

None required.

Method(s) of Evaluation

- Physical skills and performance will be evaluated by direct instructor observation.
- Skill understanding will be evaluated through written explanation.

Method(s) of Instruction

Skills demonstration and laboratory.

Representative Text(s) and Other Materials

Prentice, William E. [Principles of Athletic Training: A Competency-Based Approach](#). 15th ed. New York, NY: McGraw-Hill Publishing, 2014.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

- Year-end review of team coverage.
- Case study on upper and lower extremity and general medical injury.
- Resume preparation.

Discipline(s)

Physical Education