

KINS 2: SPORT IN SOCIETY

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2025
Units:	5
Hours:	5 lecture per week (60 total per quarter)
Advisory:	Maximum UC credit awarded for any or all of the following courses combined is 12 units: KINS 2, 3, 8A, 8B; not open to students with credit in H P 1B or PHED 2.
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Area 4: Social & Behavioral Sciences
Transferable:	CSU/UC
Grade Type:	Letter Grade (Request for Pass/No Pass)
Repeatability:	Not Repeatable

Student Learning Outcomes

- The student will use their sport sociology lens to analyze a sport movie. The student will use knowledge obtained to critique and reflect on the movie.

Description

Students examine the history of sports and its significance in economics and politics, and the role of race, ethnicity, culture, and gender in sport and society. Students also examine specific issues, such as the emergence of professional and collegiate sports in the United States, questions of ethics, commercialization, the relationship between sports and media, the internationalization of sports, and the Olympic movement. Students will also examine youth sport and the current status of youth sport in the United States.

Course Objectives

The student will be able to:

- Define and discuss social theories and the development of sport in society past and present.
- Analyze and discuss who plays sport, why, and how it influences development.
- Discuss and analyze ethics and violence in sport.
- Evaluate and analyze the role of race, ethnicity, culture, and gender in sport and society.
- Explain the role of politics and sport and how government and globalization influence sports.
- Analyze the role of media and its influence on sport.
- Discuss and develop theories on the future of sport and the athlete.
- Identify ethical issues related to sports and explore the effects of unethical activities upon sports and society.
- Explain the commercialization of sports and assess the effect on society.

- Analyze and explain the future trends in sport and how effects social changes.

Course Content

- Discuss the study of sport in society
 - Explore sport and why we study sport
 - Investigate sport through history and critical periods of sport history
 - Define sport sociology
 - Explore why we study sport
 - Define and discuss research methods of studying sport
 - Define and discuss social theories and the development of sport in society past and present
 - Analyze the current status of sport sociology
- Analyze and discuss who plays sport, why, and how sport influences society
 - Analyze the difference between participants and spectators
 - Define and discuss participants vs. spectators
 - Discuss the factors affecting sport participation
 - Evaluate the trends in spectator sports
 - Analyze sport marketing
 - Discuss and analyze the business of sport
 - How does sport influence the economy
 - Evaluate and discuss collegiate sport as a business
 - Evaluate and discuss recreational sport as a business
 - Evaluate and discuss youth sport as a business
 - Analyze the role of media and its influence and impact on sport
 - Evaluate how sport media has changed
 - Analyze the impact and role of media in sport and the ideology of sport through media
- Explain and investigate sport as an institution
 - Discuss youth sport and the issues surrounding youth sport
 - Explore specialization and the effects of specialization at an early age
 - Discuss the history of youth sport and the trends for the future
 - Discuss and evaluate the business of youth sport - youth clubs
 - Discuss and explore accessibility for all - social class
 - Analyze the explosion of injuries
 - Explore why youth are quitting at an early age
 - Give current examples in media and share personal stories of youth sport where the class can explore the pros and cons of youth sport
 - Discuss and analyze interscholastic and intercollegiate sport
 - Evaluate interscholastic sport - pros and cons
 - Evaluate collegiate sport - pros and cons
 - Analyze the business of both collegiate and interscholastic sport
 - Explore and evaluate international sport
 - Define and discuss globalization of modern sport
 - Explore the Olympic Games and the impact
 - Discuss nationalism and economics related to international sport
 - Explore the Olympic Movement

- i. Discuss and analyze the history of the Olympics and the impact
 - ii. Discuss the United States Olympic Committee
4. Explore deviance in sport and sporting behavior
 - a. Discuss sporting behavior at different levels of sport
 - b. Discuss and analyze the development of moral values - does sport teach good character?
 - c. Analyze and evaluate how character can be taught in sport
 - d. Discuss and analyze violence in sport
 - i. Provide current examples and discuss
 - e. Analyze rule breaking and deviant behavior
 - f. Explain drugs and alcohol and their role in sport
 - g. Discuss gambling and hazing in sport
5. Explore women in sport and issues involving Title IX
 - a. Discuss the history of women in sport - specifically Title IX
 - b. Explore the social issues in women's sports
 - c. Analyze the barriers for women in sport
6. Discuss and analyze race and ethnicity in sport
 - a. Analyze sport participation among racial and ethnic minorities
 - b. Analyze and discuss race and ethnicity and the role of sport and the athlete in changing society and values
 - c. Discuss how to promote equality in sport
7. Explore social class and sport
 - a. Discuss social mobility in sport
 - b. Explore social class related to sport
8. Explain the role of politics and sport and how government and globalization influence sports
 - a. Study and analyze the political issues that have marked sporting events
 - b. Analyze the role of government wealth and influence of sport development
9. Discuss religion and sport and the impact on society
 - a. Explore the history of religion in sport
 - b. Discuss and evaluate the use of sport by athletes to promote religious beliefs
 - c. Discuss and evaluate the conflict between sport and religion
10. Discuss and develop ideas on the future of sport and the athlete
 - a. Explore special populations in sport
 - b. Discuss and evaluate future trends in sport and effects on athletes
 - c. Discuss the influence of coaching and the future trends in sport performance

Lab Content

Not applicable.

Special Facilities and/or Equipment

When taught as an online distance learning or hybrid section, students and faculty need ongoing and continuous internet and email access.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Film analysis: from a list of 50 films, choose five and write five (5) two-page papers analyzing the role of the sport and the athlete on changing values

Group project: students work in small groups to develop a classroom presentation demonstrating the value of the team concept in academic success, individual values, and the role of athletics and change Quizzes

Classroom discussion and discussion question prompts online

Final project: the student picks a sociological issue in sport and researches that issue

Assignments that help synthesize each topic, for example, in youth sport the issue of specialization

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture

Group discussion

Reading assignments

Film review

Research paper

Representative Text(s) and Other Materials

Woods, Ronald B.. Social Issues in Sport, 3rd ed.. 2016.

Although this text is older than the suggested "5 years or newer" standard, it remains a seminal text in this area of study.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. In-class assignments:

- a. Small and large group discussion on topics relating to sports and society, both current and past events, as well as course content and textbook chapters
- b. Ten 500-word minimum essay assignments relating and discussing topics covered in class; such as: drug use in sports, sports and the media, Title IX and women in sports, youth sports, sports and violence

2. Outside-of-class assignments:

- a. Weekly reading assignments from textbook, newspaper clippings, and magazine articles
- b. A five-page research paper in APA format on a topic of the student's choice that is related
- c. Film review: student will complete a sports film review analyzing three sociological issues in sport

Discipline(s)

Kinesiology