

JRYM 433: FIRST AID/CPR/AED

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Fall 2026
Units:	0
Hours:	4 lecture per quarter (4 total per quarter)
Prerequisite:	This course is limited to students employed with Cupertino Electric.
Degree & Credit Status:	Non-Degree-Applicable Non-Credit Course
Foothill GE:	Non-GE
Transferable:	None
Grade Type:	Non-Credit Course (Receives no Grade)
Repeatability:	Unlimited Repeatability

Student Learning Outcomes

- Recognize and respond to cardiac, breathing, and first aid emergencies
- Perform CPR for adults, children, and infants
- Use an automated external defibrillator (AED) safely and effectively

Description

This CPR/FA (first aid) and AED (automated external defibrillator) training course is designed to equip students with the skills and knowledge to respond effectively to various emergencies.

Course Objectives

The student will be able to:

1. Perform CPR for adults, children, and infants, using an automated external defibrillator (AED), and administer basic first aid care.
2. Respond confidently and effectively to a variety of medical emergencies until professional help arrives.

Course Content

1. Recognizing and responding to cardiac, breathing, and first aid emergencies
2. Performing CPR for adults, children, and infants; safe and effective use of an automated external defibrillator (AED)
3. Administering first aid for bleeding, burns, fractures, and other common injuries; ensuring scene safety and using personal protective equipment
4. Hands-on practice in lifesaving techniques; responding effectively to medical emergencies; supporting workplace safety through prompt and appropriate emergency response

Lab Content

Not applicable.

Special Facilities and/or Equipment

1. When taught in person, this training must be conducted in a clean classroom with internet access, necessary hardware and software, and course materials, if applicable.
2. When taught online, this course requires access to CEI's Learning Management System (Amplify), continuous access to a computer with the necessary software and hardware to view video content, and a reliable intranet connection.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Quiz

Results of skills demonstration

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture

Classroom demonstration

Representative Text(s) and Other Materials

CEI EH&S program and applicable Fed/OSHA and/or Cal/OSHA standards, provided by Cupertino Electric.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

No assignments.

Discipline(s)

Electricity