

JRYM 432A: FALL PROTECTION USER/FALL PROTECTION USER TRAINER

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Spring 2026
Units:	0
Hours:	2.5-8 hours lecture total per quarter.
Prerequisite:	This course is limited to students employed with Cupertino Electric.
Degree & Credit Status:	Non-Degree-Applicable Non-Credit Course
Foothill GE:	Non-GE
Transferable:	None
Grade Type:	Non-Credit Course (Receives no Grade)
Repeatability:	Unlimited Repeatability

Student Learning Outcomes

- Select appropriate fall protection systems based on job tasks, work conditions, and identified hazards
- Conduct pre_use inspections of fall protection equipment and identify defects or conditions requiring removal from service

Description

This course covers topics related to fall arrest and fall restraint systems, fall distance calculation and selection, and inspection of appropriate fall protection equipment.

Course Objectives

The student will be able to:

1. Demonstrate the proper use of fall protection systems, including fall arrest and fall restraint equipment.
2. Demonstrate skills in calculating fall distances, selecting appropriate systems, and conducting equipment inspections.
3. Be authorized to use fall protection equipment in the workplace.
4. Be a trainer, once they complete additional training.

Course Content

1. Proper use of fall protection systems; understanding fall arrest and fall restraint equipment
2. Calculating fall distances and determining safe limits; selecting appropriate fall protection systems for various work scenarios
3. Conducting thorough inspections of fall protection equipment
4. Gaining authorization to use fall protection equipment in the workplace upon course completion

Lab Content

Not applicable.

Special Facilities and/or Equipment

1. When taught in person, this training must be conducted in a clean classroom with internet access, necessary hardware and software, and course materials, if applicable.
2. When taught online, this course requires access to CEI's Learning Management System (Amplify), continuous access to a computer with the necessary software and hardware to view video content, and a reliable intranet connection.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

- Quiz
- Results of skills demonstration

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

- Lecture
- Classroom demonstration

Representative Text(s) and Other Materials

CEI EH&S program and applicable Fed/OSHA and/or Cal/OSHA standards, provided by Cupertino Electric.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

No assignments.

Discipline(s)

Electricity