

DANC 6: BEGINNING COUNTRY-WESTERN LINE DANCING

Foothill College Course Outline of Record

Heading	Value
Units:	1
Hours:	3 laboratory per week (36 total per quarter)
Advisory:	This course is included in the Social & Cultural Dance family of activity courses.
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Area VII: Lifelong Learning
Transferable:	CSU/UC
Grade Type:	Letter Grade (Request for Pass/No Pass)
Repeatability:	Not Repeatable

Student Learning Outcomes

- Create Country-Western movement sequences and express individuality through dance, demonstrating correct body placement and positions, while exhibiting flexibility, coordination and core strength.
- Identify Country-Western movement phrases with correct terminology and analyze rhythmic patterns.

Description

Introduction to the fundamental skills for Country and Western Line Dancing. Students will participate in a variety of dance steps designed to develop the coordination, skill, choreography and timing necessary for social line dancing.

Course Objectives

The student will be able to:

- Understand the history and origins of Country-Western Line Dancing
- Appreciate and use dance floor etiquette
- Demonstrate mastery of popular country steps, combinations and finished dances

Course Content

A. Beginning Country/Western Line Dance steps and combinations:

1. Syncopated Grapevine
2. Two-Step or Country Shuffle
3. Schottische
4. Charleston
5. Hood
6. Pivot Turns
7. Cha Cha Turns
8. Monterey Turns
9. Swivel Steps
10. Twinkle Steps
11. Sailor Shuffle
12. Scuff Step

13. Jazz box
 14. Cha Cha
 15. Rolling Vine
- B. Mastering the latest Country/Western Line Dances, including Block Line, Two Wall and Partner Dances, such as:
1. Elvira Cha Cha
 2. Who Did You Call Darlin??
 3. Rolling Mist
 4. Hasta Manana
 5. Back at Ya??
 6. Traveling Four Corners
 7. San Antonio Rose
 8. Honey
 9. Secret Waltz
 10. Tiggerific
 11. Cha Cha Lengua
 12. Hustle Bustle
 13. Ten Step
 14. Hooked on Country
 15. Flying High
 16. Tush Push
 17. Rose Colored Glasses
 18. Fly Like a Bird
 19. Waltz in Time
 20. Island in the Stream

Lab Content

A. Beginning Country/Western Line Dance steps and combinations:

1. Syncopated Grapevine
2. Two-Step or Country Shuffle
3. Schottische
4. Charleston
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6. Pivot Turns
7. Cha Cha Turns
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B. Mastering the latest Country/Western Line Dances, including Block Line, Two Wall and Partner Dances, such as:

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Special Facilities and/or Equipment

Sound system for CDs and tapes; large room with hardwood floors.

Method(s) of Evaluation

- A. Student demonstration of dance steps will be assessed by instructor observation
- B. Final practical exam on choreography and skill of steps and combinations
- C. Performance/demonstration of finished dances for a live audience

Method(s) of Instruction

- A. Lecture
- B. Activity

Representative Text(s) and Other Materials

Lane, Dhristy. Complete Book of Line Dancing. 2nd ed. Champaign, IL: Human Kinetics, 2000. Text is the most recent edition in print.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

Optional reading and writing assignments as recommended by instructor.

Discipline(s)

Dance