

DANC 3B: INTERMEDIATE JAZZ DANCE

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2023
Units:	1
Hours:	3 laboratory per week (36 total per quarter)
Prerequisite:	DANC 3A.
Advisory:	This course is included in the Dance Technique family of activity courses.
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Area VII: Lifelong Learning
Transferable:	CSU/UC
Grade Type:	Letter Grade (Request for Pass/No Pass)
Repeatability:	Not Repeatable

Student Learning Outcomes

- Create intermediate jazz dance sequences and express individuality through dance, demonstrating correct body placement and positions while exhibiting flexibility, coordination and core strength.

Description

Opportunity to practice and develop intermediate jazz techniques. Emphasis on techniques presented, as well as information on historical and stylistic perspectives of this dance form.

Course Objectives

The student will be able to:

1. Perform the fundamental exercises of intermediate jazz technique
2. Define the traditional vocabulary of positions and steps in the intermediate jazz class syllabus
3. Identify and explain the progression and purpose of the specific order of individual classroom exercises
4. Analyze the historical development of jazz dancing
5. Increase body awareness and confidence
6. Apply the spatial concepts of alignment, placement, isolation, and release, in all activities
7. Recognize and appreciate jazz as an intellectual, physical, and artistic expression
8. Appreciate various forms of music and rhythms as an integral part of jazz with an increased awareness of space and time

Course Content

1. Floorwork
 - a. Breathing/stretching
 - b. Plies
 - c. Contractions
 - d. Isolations

- e. Tendu
 - f. Frappe
 - g. Grande battement
 - h. Plies on releve
 - i. Plies with contractions
 - j. Plies with isolations
2. Centrework
 - a. Triplets
 - b. Body arcs
 - c. Jumps
 - d. Body rolls
 - e. Head rolls
 - f. Shoulder isolations
 - g. Shoulder rolls
 - h. Rib isolations
 - i. Hip isolations
 - j. Jazz walks
 - k. Contraction/release
 3. Historical analysis of jazz dance
 - a. Sources and influences of historical periods in development of jazz dance
 - b. Transition from highly specialized training to a universal form of exercise
 4. Body awareness
 - a. Endurance
 - b. Coordination
 - c. Control
 - d. Speed
 - e. Timing
 5. Spatial concepts
 - a. Alignment
 - b. Placement
 - c. Isolation
 - d. Release
 6. Artistic references
 - a. Reference to contemporary dance companies and performances
 - b. Sources and styles of musical accompaniment for jazz dance

Lab Content

1. Demonstration and practice of intermediate jazz isolations
2. Demonstration and practice of intermediate jazz center and across the floor exercises
3. Demonstration and practice of proper body awareness and body alignment

Special Facilities and/or Equipment

1. Dance studio; audio set-up; dance shoes, character, jazz oxford.
2. When taught as an online distance learning or hybrid section, students and faculty need ongoing and continuous internet and email access.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Periodic instructor evaluation of performance skills

Demonstration and explanation of selected combinations
Written critiques on a live dance performance
Written test(s) on vocabulary and history of jazz technique

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture and visual aids
Discussion of assigned reading
Discussion and problem-solving in class
Collaborative learning and small group exercises
Quiz and examination review performed in class

Representative Text(s) and Other Materials

Nora, Ambrosia. [Learning About Dance, 8th ed.](#) 2018.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. Written critique of a live dance performance
2. Optional writing exercises based on recommended reading

Discipline(s)

Dance