

# DANC 11A: REPERTORY DANCE I

## Foothill College Course Outline of Record

Heading	Value
<b>Effective Term:</b>	Summer 2023
<b>Units:</b>	4
<b>Hours:</b>	2 lecture, 6 laboratory per week (96 total per quarter)
<b>Advisory:</b>	This course is included in the Dance Performance family of activity courses; not open to students with credit in DANC 11.
<b>Degree &amp; Credit Status:</b>	Degree-Applicable Credit Course
<b>Foothill GE:</b>	Non-GE
<b>Transferable:</b>	CSU/UC
<b>Grade Type:</b>	Letter Grade (Request for Pass/No Pass)
<b>Repeatability:</b>	Not Repeatable

## Student Learning Outcomes

- Perform various dance techniques and choreography necessary for public performance.
- Students will have practical experience in the production aspects of dance from basic stagecraft to costumes, makeup and lighting.

## Description

Introduction to the basic concepts of dance performance. Includes beginning experience with the rehearsal process, learning dance works, and preparation for a performance. Students will be given the opportunity to perform for a live audience and to collaborate with and perform for area colleges and universities, civic, local, or charity organizations.

## Course Objectives

The student will be able to:

1. Examine the nature of dance as a performing art
2. Encourage competitive learning environment for personal development, athletic scholarship, and career opportunities in dance
3. Compete and perform at various colleges and universities in solo and group-team choreography
4. Identify different styles, genres, and forms of dance
5. Analyze issues associated with dance as a profession
6. Employ the intellect in exercising aesthetic judgment in relation to dance as art
7. Facilitate the artistic growth of dance as a performing art and athletic endeavor
8. Explore performing various media, including stage, video, and outdoor venues, multi-media performance art, and dance in unique spaces

## Course Content

1. Dance fundamentals
  - a. Clothing
  - b. Footwear

- c. Performance etiquette
  - d. Structure of warm-up
  - e. Isolation exercises
  - f. Floor barre stretch
  - g. Across the floor combinations
  - h. Center work combinations
    - i. Choreography
2. Dancer's alignment
    - a. Posture
    - b. Body alignment
    - c. Placement
    - d. Postural deviations
    - e. Alignment exercises
  3. Technique training in one or more of the following dance disciplines:
    - a. Jazz theory and technique
    - b. Ballet theory and technique
    - c. Modern theory and technique
    - d. Musical theatre theory and technique
    - e. World dance theory and technique
    - f. Social dance theory and technique
    - g. Country western line dance theory and technique
    - h. Swing dance theory and technique
      - i. Alternative dance forms theory and explanation
  4. The dancer's instrument
    - a. Injury prevention
    - b. Self-assessment
    - c. Soreness prevention
    - d. Nutrition for dancers
    - e. Eating disorders
    - f. Success in weight control
  5. Dance as a performing art
    - a. Training, conditioning, techniques
    - b. Behind the performance scene
    - c. Audition techniques
    - d. Advertisement design and distribution
    - e. Program design and distribution
    - f. Sound design
    - g. Light design
    - h. Costume design and wardrobe assistance
      - i. Props and stage crewing
      - j. Makeup
      - k. Ushering
        - l. The performance space
  6. Dance as an intercollegiate sport
    - a. Competitions
    - b. Conventions
    - c. Touring
  7. Dance as a career
    - a. The professional dancer
    - b. The dance rehearsal director
    - c. The dance teacher
    - d. The choreographer

## Lab Content

1. Demonstration and practice of proper body awareness and alignment in all dance exercises and choreography for performance
2. Identification and demonstration of the fundamentals of dance production
3. Demonstration and practice of memorizing choreography, staging, creating and developing full character in performance

## Special Facilities and/or Equipment

1. Theatre, dance studio, and/or small studio space for public performances.
2. Dance studio for rehearsal, performance, demonstration, technique classes, practical movement experiences, and musical collaboration.
3. Sound system and/or piano for accompaniment. Drums and percussion optional.
4. Video-TV monitor for viewing tapes and feedback for filmed performances.
5. When taught as an online distance learning or hybrid section, students and faculty need ongoing and continuous internet and email access.

## Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Evaluation and placement audition of performance skills through advanced level  
Cooperative learning assignments  
Term paper  
Journal  
Objective exams

## Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture presentations and classroom discussion using the language and vocabulary of dance and performance technique  
Cooperative learning exercises  
Laboratory and demonstration

## Representative Text(s) and Other Materials

Ambrosia, Nora. Learning About Dance, 8th ed.. 2018.

## Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. Written critique of a live dance performance
2. Optional writing exercises based on recommended reading

## Discipline(s)

Dance