CRLP 17: EXPLORING CAREER FIELDS

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2022
Units:	1
Hours:	1 lecture per week (12 total per quarter)
Advisory:	May not be concurrently enrolled in CRLP 7; not open to students with credit in CRLP 71.
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Non-GE
Transferable:	CSU/UC
Grade Type:	Letter Grade (Request for Pass/No Pass)
Repeatability:	Not Repeatable
Formerly:	CRLP 71

Student Learning Outcomes

- Analyze the MBTI and Strong Interest Inventory results and apply those results to possible majors and careers.
- Using Career Exploration resources, understand the differences between the 16 career categories.

Description

Explore career options compatible with student's strengths and interests. Using resources on the campus as well as on the internet and in communities to investigate specific career choices, researching job descriptions, desired employee characteristics, training/education requirements, salary ranges and employment trends.

Course Objectives

The student will be able to:

1. use resources on the campus, on the internet and in the community to gather information about chosen career fields and occupations.
2. demonstrate critical thinking skills to assess eventual career goal.
3. conduct informational interview(s).
4. take assessment tests, either paper/pencil or online, to learn about their interests, values, personality, skills and/or other aspects to assist in the research of appropriate careers/occupations.
5. develop a plan to attain career goal including, but not limited to, selecting a college major and plan of study.

Course Content

1. Self-assessment through use of vocational testing instruments:
   a. Explore interests, values, personality types and preferences by taking a minimum of two assessment inventories
   b. Critical assessment of instruments' results
   c. Use of results to explore at least three career fields and/or occupations
2. Social and cultural conditioning influences on one's career choice
   a. Effects of sex role stereotyping, sexism, ageism, and other forms of discrimination on one's career aspirations and choices
   b. Understanding of gender equity, cultural diversity and future trends in the work force
3. Use resources in the Campus Career Center, on the internet and in the community to investigate and research career information, including:
   a. Job descriptions of at least three possible careers or occupations
   b. Training or education required to enter career area
   c. Salary range of at least one career/occupation
   d. Career path and upward mobility potential
   e. Advantages and disadvantages of career/occupational choice(s)
4. Decision making strategies
   a. Learn about decision making models and decision making skills for career planning
5. Action Plan will include:
   a. Integration and evaluation of all information gathered
   b. Identification of career/occupation choice(s)
   c. Short and long term goals including education/training required
   d. Description of decision process

Lab Content

Not applicable.

Special Facilities and/or Equipment

1. When taught on campus: access to internet (for online assessments).
2. When taught on the internet via Foothill Global Access: access to computer with internet and email access.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Completion of all assignments
Evidence of self-reflection and critical thinking in all homework
Focus reduced to no more than two or three career/occupational goals
Action Plan defining information gathered and plans for activities needed to attain career goal(s)

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture presentations and classroom discussion
Reading weekly lesson modules
Completing self-assessments of interests and aptitudes
Completion of weekly assignments relating to career exploration
In-class or online discussion and evaluation

Representative Text(s) and Other Materials

. Foothill College Catalog. current year.

Representative assessment instruments:
1. CareerLink or similar assessment instrument
2. Eureka Microskills IV or similar skills assessment instrument
3. Optional instruments (fees charged for these instruments):
a. Myers-Briggs Type Indicator

b. Strong Interest Inventory and Skills Confidence for College Students
4. Other online assessment instruments

When taught via Canvas or other online platform: supplemental lectures, reading materials, web-based resources and assignments accessible on the internet. Class discussions and individualized attention will be delivered using online forums, messages and email.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

1. Review module on networking: meet with someone in your career interest area (not a relative or close friend because that would be too subjective) and do an informational interview. There are plenty of questions that you can ask based on the lesson (and more from the internet). Pick enough questions to do at least a 20 minute interview.
2. Review module on career research using various career related websites (Occupational Outlook Handbook, Career Zone, and ONET) to identify salary ranges, labor market projections, job description, career ladder, professional associations, related occupations, etc.

Discipline(s)

Counseling