

ALCB 465Y: CREATIVE SELF-EXPRESSION

Foothill College Course Outline of Record

Heading	Value
Effective Term:	Summer 2022
Units:	0
Hours:	2 lecture per week (24 total per quarter)
Degree & Credit Status:	Non-Degree-Applicable Non-Credit Course
Foothill GE:	Non-GE
Transferable:	None
Grade Type:	Non-Credit Course (Receives no Grade)
Repeatability:	Unlimited Repeatability

Student Learning Outcomes

- Participating students will demonstrate an understanding of how adapted forms of artistic expression can enhance creativity and self-expression
- Participating students will demonstrate their ability to utilize a creative medium for self-expression (e.g., drama, music, art or writing).

Description

Intended for the disabled student to provide directed experiences in self-expression. Emphasis on various activities designed to enhance physical and cognitive creative expression and enable the student to develop independent creative activities through adapted drama, music, art and writing.

Course Objectives

The student will be able to:

1. Demonstrate new ways of self-expression through adapted art, drama, music and movement exercise.
2. Demonstrate the ability to choose and implement individual adapted activities of self-expression.
3. Analyze situations which can lead to inner motivation for change rather than outside pressure.
4. Apply newly acquired expressive communication skills to daily living situations.

Course Content

As a overview of different forms of self-expression, this course may include all or part of the following areas. Students will be expected to participate in all activities and then develop individualized preferences:

1. Adapted drama—designed to explore the student's ability to express self and project self-image. Included are:
 - a. Pantomimes
 - b. Role playing

- c. Skits
 - d. Readings
2. Adapted music—designed to introduce musical modes of self-expression. Included are:
 - a. Singing
 - b. Musical instruments
 - c. Original musical composition
 3. Adapted art—development of modes of self-expression through various art forms and media. They are:
 - a. Painting
 - b. Drawing
 - c. Sculpture
 - d. Crafts
 - e. Textiles
 4. Adapted written expression
 - a. Reminiscing autobiography
 - b. Journal
 - c. Story composition
 - d. Poetry
 5. Other forms of self-expression
 - a. Food preparation
 - b. Games

Lab Content

Not applicable.

Special Facilities and/or Equipment

1. When taught on campus: accessible classroom.
2. When taught online/virtual: students and faculty need internet access with Zoom-capable computer, monitor and speakers.

Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Progress on Student Educational Contract
Instructor observation of ability to reflect course material

Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Lecture

Representative Text(s) and Other Materials

No course materials.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

Not applicable.

Discipline(s)

Specialized Instruction (Disabled Student Programs and Services):
Vocational Noncredit