

ALCB 465Y: CREATIVE SELF-EXPRESSION

Foothill College Course Outline of Record

Heading	Value
Units:	0
Hours:	24 laboratory per quarter (24 total per quarter)
Degree & Credit Status:	Non-Degree-Applicable Non-Credit Course
Foothill GE:	Non-GE
Transferable:	None
Grade Type:	Non-Credit Course (Receives no Grade)
Repeatability:	Unlimited Repeatability

Student Learning Outcomes

- Participating students will demonstrate an understanding of how adapted forms of artistic expression can enhance creativity and self-expression
- Participating students will demonstrate their ability to utilize a creative medium for self-expression (e.g., drama, music, art or writing).

Description

Intended for the disabled student to provide directed experiences in self-expression. Emphasis on various activities designed to enhance physical and cognitive creative expression and enable the student to develop independent creative activities through adapted drama, music, art and writing.

Course Objectives

The student will be able to:

- demonstrate through adapted art, drama, music and movement exercise, new ways of self-expression.
- demonstrate the ability to choose and implement individual adapted activities of self-expression.
- analyze situations which can lead to inner motivation for change rather than outside pressure.
- apply newly acquired expressive communication skills to daily living situations.

Course Content

This class may include all or part of these areas:

- Adapted Drama - Designed to explore the students ability to express self and project self-image. Included are:
 - Pantomimes
 - Role Playing
 - Skits
 - Readings
- Adapted Music - Designed to introduce musical modes of self-expression. Included are:
 - Singing
 - Musical instruments
 - Original musical composition

C. Adapted Art - Development of modes of self expression through various art forms and media. They are:

- Painting
- Drawing
- Sculpture
- Crafts
- Textiles

D. Reminiscing Autobiography - To introduce beneficial concepts of self expression through writing. Emphasis on value clarification and goal planning. Techniques used include:

- Journal
- Story composition

E. Socialization - To increase and enhance interpersonal skills.

Techniques used include:

- Food preparation
- Games
- Leisure management

Lab Content

Not applicable.

Special Facilities and/or Equipment

Accessible classroom

Method(s) of Evaluation

- Progress on Student Educational Contract
- Instructor observation of ability to reflect course material
- Participation

Method(s) of Instruction

Lecture

Representative Text(s) and Other Materials

Selected articles, dramatic plays, poems and other reference materials as assigned by instructor.

Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

Not applicable.

Discipline(s)

Specialized Instruction (Disabled Students Programs and Services)-
Vocational: Noncredit