## AHS 50A: INTRODUCTION TO ALLIED HEALTH PROGRAMS

#### **Foothill College Course Outline of Record**

Heading	Value
Effective Term:	Summer 2024
Units:	1.5
Hours:	1.5 lecture per week (18 total per quarter)
Prerequisite:	ENGL 1A or 1AH or ESLL 26; Intermediate Algebra or equivalent.
Advisory:	Not open to students with credit in AHS 50.
Degree & Credit Status:	Degree-Applicable Credit Course
Foothill GE:	Non-GE
Transferable:	CSU
Grade Type:	Letter Grade Only
Repeatability:	Not Repeatable

#### **Student Learning Outcomes**

- Describe allied health program policies as outlined in the specific program policy manual.
- Describe the elements and implications of informed consent in relation to patient autonomy and nonmalficence of the allied health professional.

#### **Description**

Introduction to Foothill College allied health programs for the incoming first year student. Overview of HIPAA and patient privacy, Academic Honor Code, student rights and responsibilities, strategies for student success, stress and time management, professionalism and ethical behavior in the health care environment, and individual program policies and procedures for allied health students. Introduction to peer reviewed literature in the professional discipline, analyzing a research study, writing a full research essay of a peer reviewed research study, and understanding of the data analysis of the research. Intended for students who have applied and been accepted into allied health programs; enrollment is limited to students accepted in the program.

#### **Course Objectives**

The student will be able to:

- 1. Analyze and apply the Academic Honor Code of Foothill College.
- Recognize professional and ethical behavior of an allied health care student.
- 3. Summarize the principles of HIPAA and patient privacy.
- 4. Identify techniques for coping with stress.
- Create a time management plan for the first quarter of their allied health program.
- Explain the policies and procedures for the specific allied health program.
- 7. Identify learning style and recognize relevant study skills.
- 8. Select a peer reviewed journal article, analyze the research, write a full research essay, and interpret the data in the scientific paper.

Identify the different allied health professions and how they relate interprofessionally.

#### **Course Content**

- 1. Academic Honor Code of Foothill College
  - a. Cheating
  - b. Plagiarism
  - c. Other examples of academic dishonesty
  - d. Consequences of academic dishonesty
- 2. Professional and ethical behavior
  - a. Expectations of allied health students
  - b. Ability to apply knowledge
  - Ability to collaborate with a team and work independently as appropriate
  - d. Understanding the client/patient perspective
  - e. Assisting the client/patient with their learning needs
  - Exhibiting professionalism in verbal, non-verbal, and written communication
  - g. Being knowledgeable about policies that impact the delivery of health care
  - h. Engaging in critical thinking about ethical issues and professional practice
  - Comparison of Code of Ethics for various allied health professions
  - j. Foothill College disruptive student policy
- 3. HIPAA and patient privacy
  - a. Regulations related to patient privacy
  - b. Security of patient records
  - c. Implications for the allied health student
  - d. Social media issues related to patient privacy regulations
- 4. Student stress and coping
  - a. Support services for Foothill College students
  - b. Academic pressure
  - c. Substance use and abuse
  - d. Conflict resolution
- 5. Time management
  - a. Identifying short term goals that lead to long term goals
  - b. Preparation of a time management schedule
  - c. Interrelatedness of academic, personal, and career goals
  - d. Program expectations related to time management and attendance
- 6. Allied Health Program Policy and Procedures
  - a. Program policy manuals
  - b. Policies on grades, competency, and program dismissal
  - c. Policies on substance use and abuse
  - d. Background checks and restrictions for placement in clinical sites
  - e. Attendance and punctuality
  - f. Suspension, dismissal, voluntary termination
  - g. Due process procedures
  - h. Bloodborne pathogens policies
  - i. Minimum health standards, health examinations, immunizations
- 7. Learning styles and study skills
  - a. VARK learning style inventory
  - b. Study skills for student success

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- 8. Library, research, writing, and data analysis skills
  - a. Resources and sources of peer reviewed, evidence based research for medical and dental subjects
  - Apply math knowledge and critical thinking skills to analysis of research
  - Abstracting a research paper using analysis and evaluation of a scientific paper
- 9. Inter-professional understanding within allied health professions
  - a. Various allied health professions
  - b. Similarities and differences amongst the professions
  - c. Interprofessional attributes
    - i. Essential soft skills
    - ii. Teamwork
    - iii. Communication

#### **Lab Content**

Not applicable.

#### **Special Facilities and/or Equipment**

- 1. Multimedia classroom.
- 2. Computer for online portion of the course.

#### Method(s) of Evaluation

Methods of Evaluation may include but are not limited to the following:

Essay exams

Objective exams

Cooperative/interactive learning assignments

Essay of a peer reviewed research study, including a discussion of the methods, materials, and results of the data analysis of the research

#### Method(s) of Instruction

Methods of Instruction may include but are not limited to the following:

Discussion
Cooperative/interactive activities
Lecture

### Representative Text(s) and Other Materials

Foothill College. Allied Health Policy and Procedures Manual. 2023.

# Types and/or Examples of Required Reading, Writing, and Outside of Class Assignments

- 1. Reading from the Policy and Procedures Manual, 50-100 pages
- 2. Foothill College Honor Code
- 3. HIPAA regulations
- 4. Online course modules
- 5. Learning styles inventory completion
- Abstracting a peer-reviewed scientific journal article and analysis of the data

#### Discipline(s)

Dental Technology, Diagnostic Medical Technology, Emergency Medical Technologies, Health Care Ancillaries, Pharmacy Technology, Radiological Technology, Registered Veterinary Technician, Respiratory Technician